

SUN

MON

TUE

WED

THUR

FRI

SAT

LOCATION KEY

- ACORN - Acorn Room
- AL CK - AL Country Kitchen
- AL PR - AL Piano Room
- CAA - Crossroads Activity Area
- MPR - Multipurpose Room
- OAK - Oak Room
- RR - Resident Rooms
- Acorn - The Acorn Room
- UPL - Upper Level Commons

National Activity Professionals Week
 "Shaping The Future"
 January 19-25, 2025

Each resident shall have the right to receive a thirty (30) day written notice of discharge or relocation and challenge such notice.

New Year's Day **1**
 8:45 Music & Memories (Residents' Rooms)
 9:30 Coffee & Chronicles (CAA)
 10:00 Morning Stretches (CAA)
 10:30 Cardio Drumming (CAA)
 11:00 New Year Reflections & Resolutions Dice Game (CAA)
2:00 New Year's Day Soiree! (CAA)
 3:45 Friendly Visits (Residents' Rooms)
 6:30 Movie Night-Resident's Choice! (CAA)

National Science Fiction Day **2**
 8:45 Music & Memories (Residents' Rooms)
 9:30 Coffee & Chronicles (CAA)
 10:00 Weighted Workouts (CAA)
 10:30 Oak Hammock Style Soccer (CAA)
 11:00 Chicken Soup for the Soul Reading & Discussion (CAA)
 11:00 Grief & Care Giver Support Group With Community Hospice (Meditation Room)
2:00 Nail Nirvana, Massages, Music & Aroma Therapy (CAA)
 4:00 Piano Tunes & Sing-Alongs (AL PR)
 6:30 Movie Night-Resident's Choice! (CAA)
 7:00 Duplicate Bridge (ACORN)

National Chocolate Covered Cherry Day **3**
 8:45 Music & Memories (Residents' Rooms)
 9:30 Coffee & Chronicles (CAA)
 10:00 Morning Stretches (CAA)
 10:30 Moving It In the Morning Exercise (CAA)
 11:00 Docuseries: Babies (Episode 1 - Love) (CAA)
1:00 Structured Group Exercises with the Therapy Team (CAA)
 2:15 Bake & Taste: Chocolate Cherry Dump Cake (CAA)
3:30 Shirley Temple Social & Dancing with the Stars (CAA)
 6:30 Movie Night-Resident's Choice! (CAA)
7:00 Temple Shir Shalom Shabbat Services Available via Zoom

National Trivia Day **4**
 8:45 Music & Memories (Residents' Rooms)
 9:45 Coffee & Chronicles (CAA)
10:30 Oak Hammock Worship Service (OAK)
 11:15 Let's Get Trivial with iN2L (CAA)
2:00 Saturday Snacks & Matinee: "The Forge" (2024 - PG/Drama) (CAA)
 4:00 Holiday UN-decorating
 6:30 Movie Night-Resident's Choice! (CAA)

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SUN	MON	TUE	WED	THUR	FRI	SAT
National Bird Day 5 8:45 Music & Memories (Residents' Rooms) 10:00 Virtual Sunday Catholic Mass with Communion (Acorn Room or COX Channel 10) 10:00 Coffee & Chronicles (CAA) 10:30 Birds Nest Cookies & Bird Documentaries (CAA) 2:00 Bird BINGO & Refreshments (CAA) 3:00 Senior Seniors 2025 Art Show and Reception (UPL) 6:30 Movie Night-Resident's Choice! (CAA)	National Technology Day 6 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Reminiscing Together: Pictures & Stories with Janet (CAA) 10:30 Morning Stretches (CAA) 11:00 Seated Ball Exercise (CAA) 11:30 Virtual Reality Adventures (CAA) 2:00 Winter STEM Challenge: Marshmallow Snowflakes (CAA) 3:15 Documentary: Modern Marvels Magical Disney World Tech - History Channel (CAA) 3:30 Friendly Visits (Residents Rooms) 3:30 Holiday UN-decorating 6:30 Movie Night-Resident's Choice! (CAA)	National Bobblehead Day 7 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Publix Shopping Trip - Let Life Enrichment Know If You Need Something! (AL Lobby) 10:00 Resistance Training (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Brain Games and Cookies with iN2L (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:30 Winter Melodies with Ray & Kay (CAA) 3:30 Holiday UN-decorating 3:45 Furry Room Visits with Brandi (Therapy Dog) (RR) 4:00 Hand Massages, Music & Fresh Air (Weather Permitting) (SN Courtyards) 6:00 After Dinner Left, Right, Center Showdown 6:30 Movie Night-Resident's Choice! (CAA)	Elvis Day 8 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Cardio Drumming (CAA) 11:00 Where Am I Trivia (CAA) 2:00 Make & Taste: The Famous Elvis Sandwich (Wisteria Living Area) 3:00 Documentary: Return of the King: The Fall and Rise of Elvis Presley (2024) (CAA) 3:45 Friendly Visits (Residents' Rooms) 6:00 All Shook Up with Glenn Fischer (CAA)	Law Enforcement Appreciation Day 9 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Weighted Workouts (CAA) 10:00 RC Landscape and Grounds Committee (ACORN) 10:30 Balloon Table Tennis (CAA) 11:00 Fascinating History & Stories About the Month (CAA) 1:30 Horticultural Arts Class with Green Pearl Studio (CAA) 4:00 Piano Tunes & Sing-Alongs (AL PR) 6:00 iN2L Discoveries with Abby (CAA) 6:30 Movie Night-Resident's Choice! (CAA) 7:00 Duplicate Bridge (ACORN)	National Houseplant Appreciation Day 10 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:00 OH IL Resident Council Via Zoom (AL CK) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Docuseries: Babies (Episode 2 - First Food) (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:15 DIY: Floral Bookmarks OR Suncatchers (CAA) 3:30 Buzzed BINGO with Cocktails & Mocktails (CAA) 6:30 Movie Night-Resident's Choice! (CAA) 7:00 Temple Shir Shalom Shabbat Services Available via Zoom	National Milk Day 11 8:45 Music & Memories (Residents' Rooms) 9:45 Coffee & Chronicles (CAA) 10:30 Oak Hammock Worship Service (OAK) 11:15 Chair Travel with iN2L (CAA) 2:00 Saturday Snacks & Matinee: "Ledgens of the Fall" (1994 - Romance/Drama) (CAA) 6:30 Movie Night-Resident's Choice! (CAA)

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National Pharmacist Day 8:45 Music & Memories (Residents' Rooms) 10:00 Virtual Sunday Catholic Mass with Communion (Acorn Room or COX Channel 10) 10:00 Coffee & Chronicles (CAA) 10:30 Baking with Classic Shows on iN2L (CAA) 2:00 Banana YOGURT Splits & Sing-Alongs with iN2L (CAA) 3:30 Color Me Happy (CAA) 6:30 Movie Night-Resident's Choice! (CAA)	12 National Sticker Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Reminiscing Together: Pictures & Stories with Janet (CAA) 10:30 Morning Stretches (CAA) 11:00 Scarf Dancercise (CAA) 11:30 Virtual Reality Adventures (CAA) 2:00 DIY: Sticker Collages (CAA) 3:15 Documentary: Sky Ladder: The Art of Cai Guo-Qiang (CAA) 3:30 Friendly Visits (Residents Rooms) 3:30 Low Vision Support Group (MPR) 3:30 OH Singers Rehearsal (OAK) 6:30 Movie Night-Resident's Choice! (CAA)	13 National Dress Up Your Pet Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Publix Shopping Trip - Let Life Enrichment Know If You Need Something! (AL Lobby) 10:00 Resistance Training (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Brain Games and Cookies with iN2L (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:15 DIY: Watercolor Animal Constellations (CAA) 3:45 Furry Room Visits with Brandi (Therapy Dog) (RR) 4:00 Hand Massages, Music & Fresh Air (Weather Permitting) (SN Courtyards) 4:00 Poetry Before Dinner (ACORN) 6:00 In Room Visits with Virtual Reality! (RR)	14 National Hat Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Cardio Drumming (CAA) 11:00 Games with Virtual Reality (CAA) 2:00 DIY: Crazy Hats (AL Wisteria Living Space) 3:30 Piano Sing-Alongs with Steve Atlas (AL Piano Room/Lobby) 3:45 Furry Room Visits with Brandi (Therapy Dog) (RR) 6:00 Evening Musical Performance by Brothers Too (CAA)	15 National Fig Newton Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Weighted Workouts (CAA) 10:30 Oak Hammock Style Volleyball (CAA) 11:00 Chicken Soup for the Soul Reading & Discussion (CAA) 2:00 Nail Nirvana, Massages, Music & Aroma Therapy (CAA) 4:00 Piano Tunes & Sing-Alongs (AL PR) 6:00 Fig Newtons & Trivia with iN2L (CAA) 7:00 Duplicate Bridge (ACORN)	16 National Fig Newton Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Docuseries: Babies (Episode 3 - Crawling) (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:15 Make & Taste: Popeye's Spinach Dip (CAA) 3:30 Happy Hour with David Attenborough's Nature Program (Wisteria Living Area) 6:30 Movie Night-Resident's Choice! (CAA) 7:00 Temple Shir Shalom Shabbat Services Available via Zoom	17 Popeye The Sailor Man Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Docuseries: Babies (Episode 3 - Crawling) (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:15 Make & Taste: Popeye's Spinach Dip (CAA) 3:30 Happy Hour with David Attenborough's Nature Program (Wisteria Living Area) 6:30 Movie Night-Resident's Choice! (CAA) 7:00 Temple Shir Shalom Shabbat Services Available via Zoom	18 National Whinnie The Pooh Day 8:45 Music & Memories (Residents' Rooms) 9:45 Coffee & Chronicles (CAA) 10:30 Oak Hammock Worship Service (OAK) 11:15 Let's Get Trivial with iN2L (CAA) 2:00 Saturday Snacks & Matinee: Christopher Robin (2018 - PG/ Drama/Fantasy) (CAA) 4:00 Catholic Mass (In-Person) with a St. Augustine Church celebrant (ACORN) 6:30 Movie Night-Resident's Choice! (CAA)

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National Popcorn Day 19 8:45 Music & Memories (Residents' Rooms) 10:00 Coffee & Chronicles (CAA) 10:30 Baking with Classic Shows on iN2L (CAA) 2:00 Taste & Review: Popcorn Palooza (CAA) 3:30 Piecing the Puzzle Together with Friends & Music (CAA) 6:30 Movie Night- Resident's Choice! (CAA)	Martin Luther King Jr. Day 20 NAPW: 50s/60s Era - Shaping The Future 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Reminiscing Together: Pictures & Stories with Janet (CAA) 10:30 Morning Stretches (CAA) 11:00 Seated Ball Exercise (CAA) 11:30 Virtual Reality Adventures (CAA) 12:00 Steak 'n Shake Luncheon (RSVP To Life Enrichment By 1/17/25) (AL Wisteria Living Space) 3:00 Documentary & Banana Splits - "King In The Wilderness" (2018) (CAA) 3:30 Friendly Visits (Residents Rooms) 3:30 OH Singers Rehearsal (OAK) 6:30 Movie Night- Resident's Choice! (CAA)	NAPW: 70s Era - Shaping The Future 21 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Publix Shopping Trip - Let Life Enrichment Know If You Need Something! (AL Lobby) 10:00 Resistance Training (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Brain Games and Cookies with iN2L (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:30 Daquris & Disco with Dan Flok (AL PR) 3:30 RC Health and Wellbeing Committee Meeting (ACORN) 4:00 Hand Massages, Music & Fresh Air (Weather Permitting) (SN Courtyards) 6:00 DIY: Dream Catcher Paintings (CAA) 6:30 Movie Night- Resident's Choice! (CAA)	NAPW: 80s Era - Shaping The Future 22 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Cardio Drumming (CAA) 11:00 Rubik's Cube History & Puzzle Solving (CAA) 2:00 Glow Party, Karaoke & Birthday Social with Touching Hearts (CAA) 3:30 Retro Video Game Showdown (CAA) 3:45 Friendly Visits (Residents' Rooms) 6:00 Late Night Drive-In: "Back To The Future" (1985, Family/Sci-fi) (CAA)	NAPW: 90s/Y2K Era - Shaping The Future 23 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Weighted Workouts (CAA) 10:30 Oak Hammock Style Bowling (CAA) 11:00 Chicken Soup for the Soul Reading & Discussion (CAA) 1:30 Horticultural Arts Class with Green Pearl Studio (CAA) 4:00 Piano Tunes & Sing-Alongs (AL PR) 6:00 Let's Play The Price Is Right: Oak Hammock Style with iN2L (CAA) 7:00 Duplicate Bridge (ACORN)	NAPW: Futuristic Friday 24 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:00 Oak Hammock Town Hall via Zoom (AL CK) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Documentary: Revolution of Artificial Intelligence (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 1:45 Piano Tunes with Steve (AL PR) 3:00 Robotic Show & Tell: Meet The Future! (AL Wisteria Living Area) 3:30 Futuristic Happy Hour Social (AL Wisteria Living Area) 6:30 Movie Night- Resident's Choice! (CAA) 7:00 Temple Shir Shalom Shabbat Services Available via Zoom	National Florida Day 25 8:45 Music & Memories (Residents' Rooms) 9:45 Coffee & Chronicles (CAA) 10:30 Oak Hammock Worship Service (OAK) 11:15 Florida National Parks Chair Travel with iN2L (CAA) 2:00 Saturday Snacks & Matinee: "The Six Triple Eight" (2024 - PG13/Military/ Drama) (CAA) 6:30 Movie Night- Resident's Choice! (CAA)

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National Spouses Day 26 8:45 Music & Memories (Residents' Rooms) 10:00 Virtual Sunday Catholic Mass with Communion (Acorn Room or COX Channel 10) 10:00 Coffee & Chronicles (CAA) 10:30 Baking with Classic Shows on iN2L (CAA) 2:00 Sundae Funday Social (CAA) 3:30 Color Me Happy (CAA) 6:30 Movie Night- Resident's Choice! (CAA)	National Chocolate Cake Day 27 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Reminiscing Together: Pictures & Stories with Janet (CAA) 10:30 Morning Stretches (CAA) 11:00 Scarf Dancercise (CAA) 11:30 Virtual Reality Adventures (CAA) 2:00 Bell's Barnyard Babies Petting Zoo (Wisteria Living Area) 3:15 Great British Baking Show: Cake Week (CAA) 3:30 Friendly Visits (Residents Rooms) 3:30 OH Singers Rehearsal (OAK) 6:30 Movie Night- Resident's Choice! (CAA)	National Kazoo Day 28 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Publix Shopping Trip - Let Life Enrichment Know If You Need Something! (AL Lobby) 10:00 Resistance Training (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Brain Games and Cookies with iN2L (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:00 Low Hearing Support Group (AL Wisteria Living Area) 2:30 Virtual Joyrides with iN2L (CAA) 4:00 Art League presents "The Harn Museum presentation of the "Silver Linings" Exhibition (OAK) 4:00 Hand Massages, Music & Fresh Air (Weather Permitting) (SN Courtyards) 6:00 Family Feud Showdown (CAA)	Chinese New Year 29 National Puzzle Day 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Cardio Drumming (CAA) 11:00 Documentary: A Cultural Look Into Lunar New Year Celebrations (CAA) 2:00 Cup Pong Tournament & Refreshments (CAA) 3:30 SNF Resident Council Meeting - Everyone's Invited! (Old Rehab Dining Room) 3:45 Friendly Visits (Residents' Rooms) 6:00 After Dinner Freestyle Painting with Friends (CAA)	National Croissant Day 30 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Weighted Workouts (CAA) 10:30 Parachute Exercises (CAA) 11:00 Chicken Soup for the Soul Reading & Discussion (CAA) 2:00 The Healing Power of Art with Liana Cross-Muller (Crossroads Activity Area via Zoom) 4:00 Piano Tunes & Sing-Alongs (AL PR) 6:00 Late Night Senior Twister (CAA) 7:00 Duplicate Bridge (ACORN)	Inspire Your Heart With Art 31 8:45 Music & Memories (Residents' Rooms) 9:30 Coffee & Chronicles (CAA) 10:00 Morning Stretches (CAA) 10:30 Moving It In the Morning Exercise (CAA) 11:00 Docuseries: Babies (Episode 4 - First Words) (CAA) 1:00 Structured Group Exercises with the Therapy Team (CAA) 2:15 Inspire Your HEART - Guided Painting with Chrissy (CAA) 3:30 Happy Hour & Guess 10 (CAA) 6:30 Movie Night- Resident's Choice! (CAA) 7:00 Temple Shir Shalom Shabbat Services Available via Zoom	

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