

FEBRUARY 2025

Oak Hammock Assisted Living

<p>Every resident has the right to participate in and benefit from community services and activities to achieve the highest possible level of independence, autonomy, and interaction with the community.</p>	<p>Happy National Dietary Services Week 2/3/25 to 2/7/25</p>	<p>MEETING PLACES: RR - Residents Rooms CAA - Crossroads Activity Area Oak - Oak Room AL CK - AL Country Kitchen Wisteria - AL Wisteria Living Space ALL - AL Lobby MPR - Multipurpose Room AL PR - AL Piano Room UPL - Upper Level Commons Acorn - Acorn Room</p>		<p>Saturday - 1 National Dark Chocolate Day</p> <p>9:30am - Episcopal Worship Service, <i>Acorn</i> 9:45am - Coffee & Chronicles, CAA 10:30am - Oak Hammock Protestant Worship Service, <i>Oak</i> 11:15am - Let's Get Trivial with iN2L, CAA 2:00pm - Saturday Snacks & Matinee: "Queen Bees" (2021 - PG13/Drama/Romance/Comedy), CAA 3:30pm - Frederick Moyer - Pianist, <i>Oak</i> 7:30pm - Saturday Night Movie: "Wicked" (PG, 2024), <i>Oak</i></p>
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February 2025

Oak Hammock Assisted Living

Sunday - 2	Monday - 3	Tuesday - 4	Wednesday - 5	Thursday - 6	Friday - 7	Saturday - 8
National Groundhog Day	National Women Physicians Day	National Thank A Mail Carrier Day	National Weatherperson's Day	National Frozen Yogurt Day	National Wear Red Day	National Boy Scouts Day
<p>10:00am - Virtual Sunday Catholic Mass with Communion (Available On COX Channel 10 or in the Acorn Room), <i>RR</i></p> <p>10:00am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Baking with Classic Shows on iN2L, <i>CAA</i></p> <p>2:00pm - BINGO Blitz & Refreshments, <i>CAA</i></p> <p>3:30pm - Piecing the Puzzle Together with Friends & Music, <i>CAA</i></p>	<p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Reminiscing Together: Pictures & Stories with Janet, <i>CAA</i></p> <p>10:30am - Morning Stretches, <i>CAA</i></p> <p>11:00am - Seated Ball Exercises, <i>CAA</i></p> <p>11:00am - Did You Know - Unusual Knowledge, <i>AL CK</i></p> <p>2:00pm - DIY: Paper Plates Valentine Wreaths, <i>CAA</i></p> <p>3:15pm - Black History Month Documentary - "Blood Brothers: Malcolm X & Muhammad Ali", <i>CAA</i></p> <p>3:30pm - Oak Hammock Singers Rehearsal, <i>Oak</i></p> <p>6:00pm - Movie Night - Residents Choice, <i>AL CK</i></p>	<p>9:00am - Friendly Visits, <i>RR</i></p> <p>10:00am - ILR Great Women in History, <i>Oak</i></p> <p>10:00am - AL Publix Shopping Trip - Shop For Yourself, <i>ALL</i></p> <p>10:00am - Resistance Training, <i>CAA</i></p> <p>10:30am - Moving It In The Morning Exercises, <i>CAA</i></p> <p>11:00am - Brain Games & Cookies with iN2L, <i>CAA</i></p> <p>2:30pm - Musical Duet with Ray & Kay, <i>CAA</i></p> <p>3:30pm - Bookworms Book Club, <i>AL CK</i></p> <p>4:00pm - Co-Ed Bible Study, <i>MPR</i></p> <p>6:00pm - Senior Twister, <i>CAA</i></p>	<p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - ILR Heritage Celebrations, <i>Oak</i></p> <p>10:00am - Meditation, <i>AL CK</i></p> <p>10:30am - Morning Stretch, <i>AL CK</i></p> <p>11:00am - Walking On Sunshine, <i>AL CK</i></p> <p>2:00pm - Folky Sing Alongs with the Morans, <i>CAA</i></p> <p>3:00pm - Poetry Readings, <i>AL CK</i></p>	<p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - iN2L Discoveries, <i>AL CK</i></p> <p>11:00am - Pieceful Minds - Puzzle Group, <i>AL CK</i></p> <p>2:00pm - Ice Cream at Treats & Treasures, <i>ALF</i></p> <p>4:00pm - Piano Tunes & Sing Alongs, <i>AL PR</i></p> <p>6:00pm - Frozen Yogurt Bar & Relaxing Music, <i>CAA</i></p>	<p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Morning Stretches, <i>CAA</i></p> <p>10:30am - Moving It In The Morning Exercises, <i>CAA</i></p> <p>11:00am - Docuseries - "My Love: Six Stories of True Love", <i>CAA</i></p> <p>2:00pm - Viola & Piano Performance with Lauren Burns Hodges & Friend, <i>Oak</i></p> <p>3:30pm - Happy Hour: Cocktails & Mocktails, <i>Wisteria</i></p> <p>7:00pm - Temple Shir Shalom Shabbat Services Available via Zoom, <i>RR</i></p>	<p>9:45am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Oak Hammock Protestant Worship Service, <i>Oak</i></p> <p>11:15am - Chair Travel with iN2L, <i>CAA</i></p> <p>2:00pm - Saturday Snacks & Matinee: "Carry-On" (2024 - PG13/Thriller), <i>CAA</i></p> <p>7:30pm - Saturday Night Movie: A Real Pain (R, 2024, 90min), <i>Oak</i></p>

February 2025

Oak Hammock Assisted Living

Sunday - 9	Monday - 10	Tuesday - 11	Wednesday - 12	Thursday - 13	Friday - 14	Saturday - 15
<p>Superbowl Sunday & National Puzzle Day</p> <p>10:00am - Virtual Sunday Catholic Mass with Communion (Available On COX Channel 10 or in the Acorn Room), <i>RR</i></p> <p>10:00am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Baking with Classic Shows on iN2L, <i>CAA</i></p> <p>2:00pm - Pizza Taste & Review, <i>CAA</i></p> <p>3:30pm - Color Me Happy, <i>CAA</i></p> <p>6:00pm - Super Bowl LIX Sunday Social & Showing, <i>Oak</i></p>	<p>National Umbrella Day</p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Reminiscing Together: Pictures & Stories with Janet, <i>CAA</i></p> <p>10:30am - Morning Stretches, <i>CAA</i></p> <p>11:00am - Seated Scarf Dancercise, <i>CAA</i></p> <p>11:00am - Did You Know - Unusual Knowledge, <i>AL CK</i></p> <p>11:30am - Virtual Reality Adventures, <i>CAA</i></p> <p>2:00pm - Science Experiment: Crystalized Hearts, <i>CAA</i></p> <p>3:15pm - Black History Month Documentary - "Sisters on Track", <i>CAA</i></p> <p>3:30pm - Oak Hammock Singers Rehearsal, <i>Oak</i></p> <p>6:00pm - Movie Night - Residents Choice, <i>AL CK</i></p>	<p>National Make A Friend Day</p> <p>9:00am - Friendly Visits, <i>RR</i></p> <p>10:00am - ILR Great Women in History, <i>Oak</i></p> <p>10:00am - AL Publix Shopping Trip - Shop For Yourself, <i>ALL</i></p> <p>10:00am - Resistance Training, <i>CAA</i></p> <p>11:00am - Brain Games & Cookies with iN2L, <i>CAA</i></p> <p>2:00pm - Heart Shape Q-Tip Paintings, <i>AL CK</i></p> <p>3:30pm - Bookworms Book Club, <i>AL CK</i></p> <p>4:00pm - Co-Ed Bible Study, <i>MPR</i></p> <p>4:00pm - Poetry Before Dinner, <i>Acorn</i></p> <p>6:00pm - Late Night Valentine BINGO, <i>CAA</i></p>	<p>National Plum Pudding Day</p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - ILR Heritage Celebrations, <i>Oak</i></p> <p>10:00am - Meditation, <i>AL CK</i></p> <p>10:30am - Morning Stretch, <i>AL CK</i></p> <p>11:00am - Walking On Sunshine, <i>AL CK</i></p> <p>1:00pm - IL RC Listening Post, <i>Barber</i></p> <p>2:00pm - Nail Nirvana: Nail Care, Massages, & Aromatherapy, <i>CAA</i></p> <p>3:00pm - Reader's Theatre, <i>AL CK</i></p> <p>4:00pm - Valentine Grams with Therapy, <i>CAA</i></p> <p>6:00pm - Late Night Drive-In Movie: "The Age of Adaline" (2015 - PG13/Romance/Drama), <i>CAA</i></p>	<p>Galentine's Day</p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - RC Landscape and Grounds Committee, <i>Acorn</i></p> <p>10:30am - AL Town Hall Meeting - Everyone's Invited, <i>AL PR</i></p> <p>1:00pm - AL RC Listening Post, <i>AL Lib</i></p> <p>1:30pm - Horticultural Arts Class with Green Pearl Studio, <i>CAA</i></p> <p>4:00pm - Natural History Society Presentation, <i>Oak</i></p> <p>4:00pm - Piano Tunes & Sing Alongs, <i>AL PR</i></p> <p>6:00pm - DIY: Valentine Cards, <i>CAA</i></p>	<p>Valentine's Day</p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Morning Stretches, <i>CAA</i></p> <p>10:00am - Residents' Council Meeting, <i>Oak</i></p> <p>10:30am - Moving It In The Morning Exercises, <i>CAA</i></p> <p>11:00am - Docuseries - "My Love: Six Stories of True Love", <i>CAA</i></p> <p>11:00am - Valentine Gram Deliveries with Therapy, <i>SNL</i></p> <p>2:00pm - Make & Taste: Strawberry Kiss Cookies, <i>CAA</i></p> <p>3:30pm - Sweetheart Social with Love Songs by Patti & Marty, <i>CAA</i></p> <p>7:00pm - Temple Shir Shalom Shabbat Services Available via Zoom, <i>RR</i></p>	<p>National Organ Donor Day</p> <p>9:45am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Oak Hammock Protestant Worship Service, <i>Oak</i></p> <p>11:15am - Let's Get Trivial with iN2L, <i>CAA</i></p> <p>2:00pm - Music Performance by Passionate Musicians on Call, <i>CAA</i></p> <p>3:30pm - Piecing the Puzzle Together with Friends & Music, <i>CAA</i></p> <p>7:30pm - Saturday Night Movie: Sound of Hope: The Story of Possum Trot (PG-13, 2024, 135min), <i>Oak</i></p>

February 2025

Oak Hammock Assisted Living

Sunday - 16	Monday - 17	Tuesday - 18	Wednesday - 19	Thursday - 20	Friday - 21	Saturday - 22
<p>National No One Eats Alone Day</p> <p>10:00am - Virtual Sunday Catholic Mass with Communion (Available On COX Channel 10 or in the Acorn Room), <i>RR</i></p> <p>10:00am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Baking with Classic Shows on iN2L, <i>CAA</i></p> <p>2:00pm - Sunday Snacks & Matinee: "Falling Inn Love" (2019 - PG/Romance/Comedy), <i>CAA</i></p>	<p>National Umbrella Day</p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Reminiscing Together: Pictures & Stories with Janet, <i>CAA</i></p> <p>10:30am - Morning Stretches, <i>CAA</i></p> <p>11:00am - Seated Ball Exercises, <i>CAA</i></p> <p>11:00am - Did You Know - Unusual Knowledge, <i>AL CK</i></p> <p>2:00pm - President's Day Trivia, <i>CAA</i></p> <p>3:15pm - Black History Month Documentary - "Becoming", <i>CAA</i></p> <p>3:30pm - Oak Hammock Singers Rehearsal, <i>Oak</i></p> <p>6:00pm - Movie Night - Residents Choice, <i>AL CK</i></p>	<p>National Umbrella Day</p> <p>8:00am - FFA or Functional Fitness Age (Please preregister at the Fitness center), <i>Oak</i></p> <p>9:00am - Friendly Visits, <i>RR</i></p> <p>10:00am - AL Publix Shopping Trip - Shop For Yourself, <i>ALL</i></p> <p>10:00am - LR Great Women in History, <i>Acorn</i></p> <p>10:00am - Resistance Training, <i>CAA</i></p> <p>11:00am - Brain Games & Cookies with iN2L, <i>CAA</i></p> <p>2:30pm - Monthly Birthday Social with Touching Hearts & Live Music by Dan Flok, <i>CAA</i></p> <p>3:30pm - Bookworms Book Club, <i>AL CK</i></p> <p>3:30pm - RC Health & Wellbeing Committee Meeting, <i>Acorn</i></p> <p>4:00pm - Co-Ed Bible Study, <i>MPR</i></p>	<p>National Umbrella Day</p> <p>8:00am - FFA or Functional Fitness Age (Please preregister at the Fitness center), <i>Oak</i></p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - Meditation, <i>AL CK</i></p> <p>10:30am - Morning Stretch, <i>AL CK</i></p> <p>11:00am - Walking On Sunshine, <i>AL CK</i></p> <p>2:00pm - Bell's Barnyard Babies Petting Zoo, <i>Wisteria</i></p> <p>6:00pm - Evening Musical Performance by Brothers Too, <i>CAA</i></p>	<p>National Umbrella Day</p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:30am - AL Dining Committee Meeting, <i>AL PR</i></p> <p>2:00pm - Movie Theatre Style Pajama Party - "The Fall Guy" (2024 - PG13/Action/Comedy/Drama/Romance), <i>CAA</i></p> <p>4:00pm - Piano Tunes & Sing Alongs, <i>AL PR</i></p> <p>6:30pm - Make & Taste: Valentine's Bark, <i>CAA</i></p>	<p>National Umbrella Day</p> <p>9:00am - Dermatology Clinic (Appointments Only), <i>Massage</i></p> <p>9:00am - Wellness Fair, <i>Oak</i></p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Morning Stretches, <i>CAA</i></p> <p>10:30am - Moving It In The Morning Exercises, <i>CAA</i></p> <p>11:00am - Docuseries - "My Love: Six Stories of True Love", <i>CAA</i></p> <p>2:15pm - Piano Tunes with Steve, <i>AL PR</i></p> <p>3:30pm - Happy Hour: Cocktails & Mocktails, <i>Wisteria</i></p> <p>7:00pm - Temple Shir Shalom Shabbat Services Available via Zoom, <i>RR</i></p>	<p>National Umbrella Day</p> <p>9:45am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Oak Hammock Protestant Worship Service, <i>Oak</i></p> <p>11:15am - Chair Travel with iN2L, <i>CAA</i></p> <p>2:00pm - Saturday Snacks & Matinee: "Our Souls At Night" (2017 - TV14/Based on Book/Drama/Romance), <i>CAA</i></p> <p>7:30pm - Saturday Night Movie: The Six Triple Eight (PG-13, 2024, 137min), <i>Oak</i></p>

February 2025

Oak Hammock Assisted Living

Sunday - 23	Monday - 24	Tuesday - 25	Wednesday - 26	Thursday - 27	Friday - 28
<p>National Banana Bread Day</p> <p>10:00am - Virtual Sunday Catholic Mass with Communion Available On COX Channel 10 or in the Acorn Room), <i>RR</i></p> <p>10:00am - Coffee & Chronicles, <i>CAA</i></p> <p>10:30am - Baking with Classic Shows on iN2L, <i>CAA</i></p> <p>2:00pm - Sundae Funday Social, <i>CAA</i></p> <p>3:30pm - Color Me Happy, <i>CAA</i></p>	<p>National Tortilla Chip Day</p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Reminiscing Together: Pictures & Stories with Janet, <i>CAA</i></p> <p>10:30am - Morning Stretches, <i>CAA</i></p> <p>11:00am - Did You Know - Unusual Knowledge, <i>AL CK</i></p> <p>2:00pm - Bake & Taste: Pizza Pull Apart Rolls, <i>CAA</i></p> <p>3:15pm - Black History Month Documentary - "American Symphony", <i>CAA</i></p> <p>3:30pm - Oak Hammock Singers Rehearsal, <i>Oak</i></p> <p>6:00pm - Movie Night - Residents Choice, <i>AL CK</i></p>	<p>National Chocolate Covered Nut Day</p> <p>9:00am - Friendly Visits, <i>RR</i></p> <p>10:00am - AL Publix Shopping Trip - Shop For Yourself, <i>ALL</i></p> <p>10:00am - Resistance Training, <i>CAA</i></p> <p>11:00am - Brain Games & Cookies with iN2L, <i>CAA</i></p> <p>2:00pm - Low Hearing Support Group, <i>Wisteria</i></p> <p>3:30pm - Bookworms Book Club, <i>AL CK</i></p> <p>4:00pm - Co-Ed Bible Study, <i>MPR</i></p> <p>6:00pm - Let's Play Wheel of Fortune, <i>CAA</i></p>	<p>National Tell A Fairy Tell Day</p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - Meditation, <i>AL CK</i></p> <p>10:30am - Morning Stretch, <i>AL CK</i></p> <p>11:00am - Walking On Sunshine, <i>AL CK</i></p> <p>1:00pm - IL RC Listening Post, <i>Barber</i></p> <p>2:00pm - Nail Nirvana: Nail Care, Massages, & Aromatherapy, <i>CAA</i></p> <p>3:00pm - Reader's Theatre, <i>AL CK</i></p> <p>3:30pm - Piano Sing-Alongs with Steve Atlas, <i>AL PR</i></p> <p>6:00pm - Bird BINGO & Refreshments, <i>CAA</i></p>	<p>National Retro Day</p> <p>9:00am - Chronicles & Cookies, <i>AL CK</i></p> <p>10:00am - iN2L Discoveries, <i>AL CK</i></p> <p>11:00am - Pieceful Minds - Puzzle Group, <i>AL CK</i></p> <p>1:00pm - AL Listening Post, <i>AL Lib</i></p> <p>1:30pm - Horticultural Arts Class with Green Pearl Studio, <i>CAA</i></p> <p>4:00pm - Piano Tunes & Sing Alongs, <i>AL PR</i></p>	<p>National Floral Design Day</p> <p>9:30am - Coffee & Chronicles, <i>CAA</i></p> <p>10:00am - Morning Stretches, <i>CAA</i></p> <p>10:30am - Moving It In The Morning Exercises, <i>CAA</i></p> <p>11:00am - Docuseries - "My Love: Six Stories of True Love", <i>CAA</i></p> <p>3:30pm - Happy Hour & David Attenborough Series - Part 2 of The Great Barrier Reef, <i>Wisteria</i></p> <p>7:00pm - Temple Shir Shalom Shabbat Services Available via Zoom, <i>RR</i></p>