

Founding Couples



We remember how pleased all were to have found a safe and happy home, and how instantly inclusive everyone was. Seldom did anyone eat alone. Trite as it may sound, we were all one big happy family.

—Ray & Anne Goldwire



Afternoon gatherings at the dog park with as many as 20 people and 12-15 dogs let us get to know many wonderful neighbors and friends. We remember those who have passed in a fond and special way. The play and interactions of wonderful dogs gave us so much pleasure.

—Jerry & Gaye Kirkpatrick



We remember the hassle of unpacking and getting settled. It felt like a big family as we joined with neighbors and staff developing programs. The people are the best part of Oak Hammock; aging in place with people you know has its advantages.

—Fred & Pat Harden



I will never forget fishing with Oak Hammock friends who are no longer with us.

—Joe Shands

Coming to Oak Hammock, we just moved across town, but it was like taking up residence in a whole new town. We were ready for a new adventure.

—Anne Shands



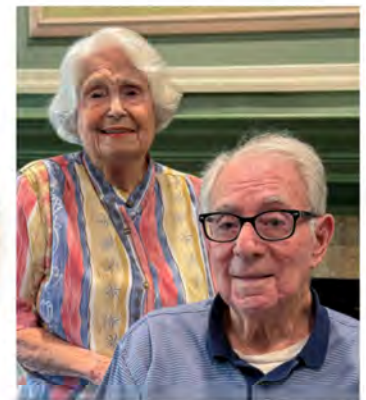
Remembering security fobs for the elevators, night-time fire alarms, 100% absence of walkers and wheelchairs, 5-course dining room menus rather than a la carte, opportunities to make new friends, and the challenge of becoming good neighbors. Thanks for the memories!

—Charles & Margi Sidman



Forty-nine current residents are Founders, arriving January 2004 through June 2005; of those, 8 founding couples are still with us. In addition to the couples shown, Clyde & Sandra Smith and Charles & Sally Snyder are current couples who are Founders.

—Sandy Furches



Entering the property in April 2004 under a beautiful canopy of trees, we anticipated a new phase in our lives, meeting new people, a new place to live, and many new adventures.

—Manny & Pat Lucoff

More Founders

Individual Founders not mentioned on the first page are listed below. They are invited to share a special memory from their early years at Oak Hammock for remaining issues of *The Oak Leaf* oakleafeditor@furches.xyz this 20th anniversary year:

Gene Anderson
Carol Ash
Hikmet Bates
Bill Castine
Carol (Hayes)
Christiansen
Cynthia Clements
Marian Collier
Roanne Coplin

Linda Damico
Sally Glaze
Nancy Green
Valerie Griffith
David Grundy
Edna Hindson
Janet Janke
Marjorie Johnson
Nancie Jones

Mary Sue Koeppel
Betty Kramer
Pat Liston
Stella Makara
Juanita Miller
Charles Mohr
Rhoda Morrison
Catherine Morsink
Emily Patton

Ruth Perraud
Betty Porter
Judy Satterthwaite
Ron Schoenau
Karl Schwartz
Clementine White
Hugh Wise
-Sandy Furches

Welcome Linda Saussy

This Tampa native left her homes in Franklin, NC, and Athens, GA, to move to Gainesville, FL, 5 years ago at her son's insistence that she come closer. She was ready to leave behind the weeding and mowing in Haile Plantation and start a new chapter, loving her atrium apartment in The Woodland (Building 2).

Linda has a BS in Education from Brenau College, Gainesville, GA, and is a Tri Delt. After college she returned to Tampa, teaching 2 years at Town & Country Elementary before embracing Atlanta as home and teaching 2 years at Fernbank Elementary.

Through the Jr League in Tampa, she learned volunteering and was an asset to Nearly New Thrift Stores in Tampa and Atlanta. Following a Rich's Department Store Junior Executive Training Program, she was assistant buyer, woman's dresses; after 6 years, she returned to thrift stores and helping people. Retirement came only after 29 years in Tampa with Hillsborough County as a Senior Housing Counselor with HUD Section 8.

Conversational English is an interest, so Linda embraced Europe to teach English to Europeans bound for USA colleges. Portugal, Peru, Poland, and Costa Rica benefitted from her teaching. Experiences in Paris, Italy, Rome, "and everywhere" followed.

Linda is looking forward to volunteering at thrift stores in Gainesville soon. She hopes to golf, swim, exercise, play tennis, and learn pickleball. She also loves art and paints with acrylics. Linda brings energy and joy to Oak Hammock.
-Sandy Furches



Welcome Henry & Carol Jorgensen

Henry & Carol Jorgensen have called Oak Hammock home since July. They warmly welcomed me into their atrium apartment in The Grove (Building 1) for a delightful visit sprinkled with humor and shared stories. Sarasota County, FL, was home most of the prior 15 years—10 in Venice, then 5 in Nokomis.

Henry is an artist. He retired from the Applied Physics Laboratory at Johns Hopkins University, a research and development facility in Columbia, MD. At APL/JHU, he managed a presentation art department providing visuals and artwork for presentations and special events.

(Continued on page 3)

(Continued from page 2)

Carol is a retired Federal employee. Departments and Agencies included the Public Health Service, NIH, USDA, US Civil Service Commission, and NASA-Goddard Space Flight Center. She worked as a training and organization development specialist, publications manager, and HR manager. In retirement, she continued consulting and added ballroom and line dancing instruction!

They both have interests in politics and home improvement. Henry's interests include nature, environment and global warming, archeology, and history, especially the history of weaponry, prehistoric to present. Carol's interests include nutrition, animal welfare, home design and renovation, vegan cooking, and mysteries, especially BritBox. With a grin, Henry added that he misses Benny Hill. Though they have had cats over the years, no pets share their apartment. Carol and Henry have much to add to our community and we welcome them!

-Sandy Furches

Spotlight on Oak Hammock Staff: Rehab Director Sara Miller

Sara Miller started in August 2024 as our therapy services manager. She is not new to therapy management, her primary occupation since starting in Missouri as an occupational therapist before transitioning to a role that combined patient care and leadership. Along the way, Sara took a slight detour and purchased a Bed and Breakfast in High Springs, the Grady House, and it looks very inviting. Sara was a rehab director with the therapy management company under contract to Oak Hammock so when she wanted to move to the Gainesville area, it was an easy transition. She does not miss the winter ice in Missouri but does miss her three children in Missouri ages 26, 25 and 21.

Oak Hammock's therapy department sees patients 7 days a week in Independent Living, Assisted Living, and Skilled Nursing. Sara is here weekdays and is available to staff via phone on weekends. We have 2 physical therapists, 3 physical therapy assistants, 2 occupational therapists, 1 occupational therapy assistant, and 1 speech therapist regularly at

Oak Hammock with additional staff on an "as needed" basis. Sara plans to add therapy students doing clinical rotations, possibly add new services, and use existing facilities such as the pools for rehab.

In her spare time, Sara enjoys cooking and baking. She shared photos of her culinary creations. She spends weekends hiking, swimming, kayaking, and paddle boarding. Stop by the therapy gym and say "welcome."

-Karen Miller, content; Sandy Furches, photo



Spotlight on the Oak Hammock Board of Directors

Cydney McGlothlin, a graduate of Kansas State University in Manhattan, KS, is the UF Architect. She is also Assistant Vice President, Planning, Design, and Construction. She has recently been appointed by President Fuchs to the Oak Hammock Board of Directors.

At a time when Oak Hammock is planning an expansion, adding the UF Architect to our Board gives expertise not previously included on the Board. Cydney has vast experience in design and construction. Although she has not yet been involved in senior living projects, she is known for asking questions and listening to the answers of those involved in the use of the planned environment. Curtis Reynolds suggested that she consider joining our Board.

Cydney was born and raised in Denver. In college at Kansas State, she met her husband, now a faculty member at UF in the College of Design, Construction, and Planning. She detoured to Boston for further study, then moved to Gainesville. The family includes a relatively recent graduate in film and a student in computer engineering. Cydney enjoys spending time with her family and giving back to the community.

-Karen Miller, content; Cydney McGlothlin supplied photo



Moving to Assisted Living

“When you have a big place, you have to take care of it, but when you have a small place, it takes care of you.” A friend of Beth Sugalski’s gave her this advice long ago, and it became perceivable when she finally moved into Assisted Living.

The hardest part about Beth’s move was finding a home for her grand piano, now in UF’s Music Department, and her cello, which she gave to a music studio. Recycled Riches helped clean out the old apartment, and her daughter made sure Beth had what she needed in the new place.

Beth still meets old friends in IL several times a week, and she makes sure she is in one of the dining rooms for every meal. She is very happy in her new place, which looks out on a lovely garden area.

Betty Kramer couldn’t be happier in her new apartment. She loves the assistance she gets—her bed made each day, sheets changed on a regular basis, trash removed, help with any area that needs assistance.

Betty is one of our movers and shakers, and she has definitely made an impact in AL. Beth joins her and about 14 others for regular get-togethers. They are both better off for moving to AL, and AL is better off for getting them there. They urge you to make the move if you are wavering, and they urge you to get your name on the waitlist.

-Beth Paul



Petting Zoo



A baby kangaroo and lemur were popular visitors in Wisteria Commons

-Sandy Furches

20th Anniversary: Sales & Marketing at the Beginning

Note: This is Part 4 of a series on the history of Oak Hammock (OH)

Opening Day at OH in Spring of 2004 came after 8 years of intense dedication, hard work, and perseverance by a variety of people. Conceptualizing, designing, and obtaining seed money took about 4 years (1996-1999); formal sales & marketing to achieve 70% pre-sales, about 2 years (1999-2001); and construction about 2 years (2002-2004).

Beginning in 1997, the task force (and later board of directors) promoted the concept of a retirement community affiliated with UF by word-of-mouth around campus, alumni magazine communications, and in-person informational meetings throughout Florida, Georgia, and South Carolina. Noted alumni in local areas gathered UF alumni, and task force members spoke at those meetings.

The concept took legal form in 1999 with creation of a not-for-profit 501(c)(3) charitable corporation called Oak Hammock at the University of Florida. It was organized under Florida Statute Chapter 651 governing continuing care organizations regulated by the Florida Department of Insurance. Bylaws were developed and approved. A Board of Directors came into existence.

OH's first two employees were hired – **Dave Stauffer** (shown above), Director of Sales & Marketing, and **Star Bradbury**, Sales Consultant. Stauffer previously worked in marketing at a Tampa dental management company. Bradbury had been administrator and marketing director at a Gainesville assisted living facility. Stauffer became OH CEO in 2005, and Bradbury became Sales & Marketing Director.

The Sales & Marketing team operated in space on NW 13th Street across from Home Depot until a larger sales office and fully furnished Nandina apartment model were created on SW 34th Street near the Post Office. Sales support staff were added. The site for OH was identified; the property was acquired; architectural drawings were developed; a sales and marketing newsletter was started; and marketing materials were created and sent to thousands of UF alumni in Florida and around the country. Later, others received marketing materials. Aside from the details of specific apartments and homes, key marketing points were (1) the strong affiliation with UF without UF financial commitment, (2) excellent UF healthcare, (3) cultural and sports opportunities, (4) the site's size and natural beauty, (5) continuing education and wellness, (6) large commons area and fitness center, (7) warm weather and no Florida income tax. The Institute for Learning in Retirement (ILR) began in the 34th Street offices. With a \$1,000 refundable deposit, prospective founding residents, called members, were placed on a priority waiting list. (Stauffer first kept the deposit checks in a shoebox in his office!) In priority order, prospects were able to reserve a specific apartment or home with a 10% refundable deposit.

Because the OH site had rough forest roads, **Bruce DeLaney**, responsible for the property development, was the only person authorized to drive prospective residents on the property and describe specific home sites. Prospects were not allowed to drive on the site alone because of the risk of getting lost or stuck. However, some anxious prospects violated this policy and were rescued by tow truck.

-Neill Hollenshead, content; file photos



Oak Hammock under construction.

20th Anniversary: The History of UF Library Privileges

When promotional materials were developed for the planned Continuing Care Residential Community (CCRC) in Gainesville beginning in 2000, one of the amenities described was the use of the University of Florida's academic library.

An Affiliation Agreement between Oak Hammock and the University of Florida was developed and signed by leaders of the University and CCRC on February 1, 2001. It described various privileges to be extended to Oak Hammock residents by the University. Earlier, an Addendum to the Affiliation Agreement was signed by the Dean of Libraries, Dale Canales, specifying borrowing privileges for residents.

Emeritus professors and staff members employed at UF continued to have full access to library resources after retirement. Other residents took advantage of the library privileges in the early years of the community, providing their own transportation to the facility on campus. When entering Library West, a resident would present the Gator 1 card and a photo ID to staff at the circulation desk and a library account would be opened. At that time, residents could use computers to locate information as well as online journals and specialized databases, consult with librarians, and check out books. There was no provision for residents to use digital information off campus.

In the summer of 2016, new residents Sybil Farwell, Barbara Francis, and Madeleine Mitchell moved to Oak Hammock. Each of them was very interested in using resources of the UF Libraries, including online sources. Emails were sent to UF Library staff members in early 2017, inquiring about expanded use of the UF Libraries. Soon Sybil received an email stating that options were being explored to allow Oak Hammock residents to use full services of the UF Libraries.

In June of 2017, a message was received from UF Librarian Paul McDonough, indicating that he could work with residents here at Oak Hammock to use UF digital resources in our homes. A first meeting of a new interest group—the UF Library Users Interest Group—took place in August. The meeting time for the group is the third Wednesday of each month, at 10 a.m. in the Acorn Room. All may attend group meetings, even if they do not yet have an account with the UF Library.

The best time to discuss joining the UF Library Users Interest Group is on the last Friday of each month, when a UF Librarian is on campus from 1 to 3 p.m. to assist individuals. Bring your cell phone and Gator 1 card to the session as the card includes necessary information. Our current UF Librarian Liaison is Christy Shorey. InterLibrary Loan Services (ILL) are also available to us, with print items delivered to our homes with a return mailer.

A Library Guide for Oak Hammock residents has recently been updated and is available on the UF Libraries website: <https://guides.uflib.ufl.edu/Oak-Hammock>. You will find details on conducting various types of library searches in addition to contact information for Christy Shorey.

-Sybil Farwell



Who says total body class is all sweat and tears. Sometimes it's sweets too. Elisabeth and Bob Virstein brought pastries to thank Jacob on his last day. We look forward to his return in October!

-Deborah Rossi

News and Notes:

Bike Owners in The Woodland (B2), please identify your bike! Please see Katherine in Community Services for a tag if you need one.

Remember that all pets must be registered and that you must re-register them by January 15 each year. *If you need to register your pet, please see Katherine or Kim in Community Services.*

On August 24, Michael Burch of the Information Technology Department presented the quarterly Tech Talk. Two identical sessions were given before and after lunch. Three topics were considered:

Zoom, the basics, included how to log on, check audio and video on your device, and reviewed how to change Settings and Preferences. Michael also overviewed hardware and software Zoom requirements.

Security and Privacy examined considerations for e-mails, websites, and social media. A sample bogus e-mail message was used to point out ways to determine if it was genuine. Do's and don'ts to maximize security and privacy when using websites and social media were given.

Artificial Intelligence is being integrated into almost everything. One example is Microsoft's Copilot, designed to assist in using Microsoft 365 products as shown in a short video. A second example is Apple Intelligence featured in another short video concerning the use of Siri. Michael identified Apple as more security conscious than other developers. A third example is Chat GPT, giving the user many options of using AI for various purposes.

Questions and answers were sprinkled throughout the session, as well as at its conclusion. - *Bill Castine*



Want to Play the Violin!

Imagine a four-and-a-half-year-old daughter announcing this to her mother in Miami. Following repeated requests, Skyler Blair's mother rented a *tiny* violin and looked for a teacher. As Skyler's interests and ability progressed, so did the search for more advanced teachers—and the miles of driving to lessons. Moving to north Florida offered opportunities to serve as concertmaster of the Alachua County Youth Orchestra for three years and numerous orchestral appearances in Florida.

Today, Skyler, an avid soloist, has been featured with numerous orchestras. She is a graduate student studying with Patinka Kopec at the Manhattan School of Music in NYC, and the recipient of the 2024 Ruth Widder award for string quartet excellence. Her *premiere Oak Room concert* included works by

Handel, Bach, and the Violin Concerto in D Minor, Allegro Moderato. Cheers and a standing ovation recognized the outstanding program by an amazing artist.

Above all, Skyler wishes to serve others and glorify God with the gift of music. She enjoys giving creative recitals for diverse audiences. Hopefully, Skyler will return in December, ready to share her love of holiday music. Don't miss the joyful strings of Skyler!

-*Barbara Dockery, content; file photo*

Art at Oak Hammock

The Art League at Oak Hammock will resume monthly programs on Tuesday, September 24, at 4:00 p.m. in the Oak Room. Another film from the BBC Video Series "The Private Life of a Masterpiece" will be shown.

Portrait studies of volunteer models, all OH residents, done by artists during the Open Portrait Studio sessions will be on exhibit during September in the Art Studio.

In October, it will be a privilege to welcome world-renowned Wildlife Photographer, Vicki Santello, to share her breathtaking photography.

Upcoming Saturday classes – Mark your calendars:

September 28 - Linda Blondheim, well-known artist, offers an acrylic workshop.

October 12 - Gloria Nelson's abstract watercolor workshop.

November 2 - Jenna Weston returns to teach a colored pencil workshop.

Handouts just outside the studio door located on the lower level have additional information or contact Susan Bankston, 772-584-2526.



-*Nancy Dickson, content; Sandy Furches, photo*

Stained Glass Rescue

Mary Ann and Phil Parsons moved here in March, but when they unpacked a beautiful piece of stained glass, they found it shattered. Phil's father had created this piece of art over 50 years ago. They were devastated to see it so damaged.

Our Oak Hammock community is not just a good sound bite. Resident Keith Berg, our stained glass expert, looked at the damage and painstakingly repaired it. Mary Ann says that you would never know it had been broken, and it is now "proudly" hanging in their kitchen window.

Before Keith even moved to Oak Hammock 8 years ago, he began a stained-glass interest group here. Since his move, he has shared his techniques and skills with many residents. Taking on this project for the Parsons was difficult because he had to match the 50-year-old existing colors and then remove all the shards and abutting edges. After about 25 hours of work, Keith returned the restored, magnificent piece as seen in the photos.



-Beth Paul, content; Mary Ann Parsons, photos



Fall is Everyone's Favorite Season

Some folks reason that fall is a southerner's reward for having survived summer. Others rejoice by getting rid of stuff. And then there are the collectors of "interesting items" too unique to discard. Stroll down to the Lower Level display cases. Peg Owens shares her take on the joy of fall. "Someone dropped off a large frame to our Recycled Riches collection area. I thought of doing a 3-dimensional still life in it. I looked around our apartment, then consulted my accessory closet (an artsy name for an area behind a double French door closet that we made off the kitchen). It is jam packed

with *priceless stuff*. Ta da! A large candelabra spoke to me, along with several other interesting items." Peg honed her creative decorating with *Southern Living* and their Idea House in Celebration. Throw in Master Gardening, Recycled Riches, and her favorite store, The Barn Antiques in Lake Alfred, for extra credit.

Fall is in the air. Get ready for pumpkin flavored everything. It's the spice of life this time of year.

-Barbara Dockery, content; John Furches, photo

Fall is in the Air

If it's fall, it must mean football! High schools and colleges are gearing up for one of their most popular sports. Stadiums will be filled, and there will be much gnashing of teeth if their teams don't win their fair share of the games.

In Gator land, the coach is on the hot seat to get his team back on a winning streak. He called for a white-out on the season's first game against the Miami Hurricanes, but this proved to be an unpopular decision. Fans like to wear their colors; so, a loud clamor against this choice of clothing was heard on varying social formats.

Big rival FSU lost its opening game in Ireland against Georgia Tech. Perhaps because we were so smug about it, the Gators had their helmets handed to them for a big loss against Miami. Maybe we should all head to the O'Dome for volleyball instead of sitting in sweltering Spurrier field.

Regardless of the outcomes, there are important points to remember. When you chomp, it's right hand over left. You might want to review the words to Tom Petty's "We Won't Back Down" and "We Are the Boys," which will be sung during the 3rd quarter break. So, here's to the orange and blue, even though the coach wanted everyone in white and the Gators are already struggling.

-Beth Paul



Why EAF?

When people ask me what I love about Oak Hammock, I say: “(1) the people, residents and staff, (2) the classes we take: ILR and fitness, and (3) I don’t have to cook!” If you’re reading this, I’m pretty sure I love you! BUT the real reason I’m writing this is to say, it’s time to show our love AND appreciation for our staff!

Please put yourself in their place. How would you like to be treated and how would you like to be shown appreciation from the people you serve daily? We can surely smile, say thank you, or ask about THEIR day or weekend. Once a year we SHOW them with a gift to EAF!

The EAF (Employee Appreciation Fund) is an opportunity for ALL to give a gift in gratitude. The check each staff member will receive on **Wednesday, November 13**, at the **EAF Reception** is based on total hours worked during the year, not on length of service. How much is an appropriate amount? Please consider ALL the services our staff provide us: security, maintenance, housekeeping, kitchen and dining, laundry, healthcare, and more. It takes a large staff! Our employees can work anywhere so it behooves us to be warm, grateful, and welcoming toward them each new day AND to give generously to show them our appreciation when they receive their EAF check from us.

Thank you for your consideration and your generosity to our staff!

Thank You!

-Marcia Brant

LifeQuest

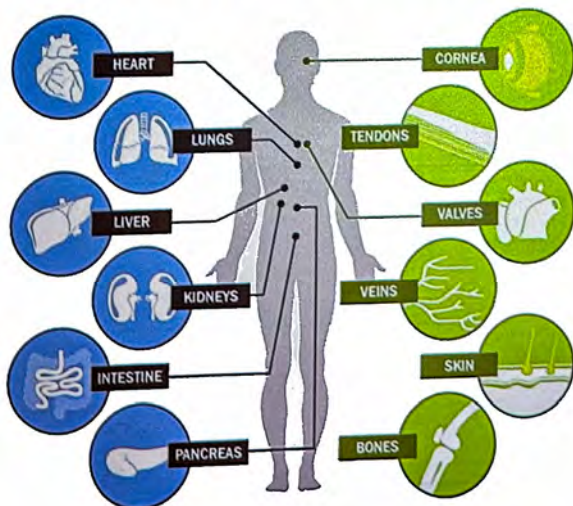
10-20-6-8-55! What do these numbers mean to us? Clay Clement, Public Education Officer, LifeQuest, explained it to us as we sat fascinated by his talk in the Oak Room.

We are covering transplant surgeries, and the federally funded centers that perform them. Every **10** minutes a patient is added to the list of people who need transplants while **20** patients who need transplants die daily waiting for a transplant. One person might be able to give **6** organs. If you think about it, **8** organs because we each have 2 lungs, and 2 kidneys! That’s I heart, 2 lungs, 1 liver, 2 kidneys, intestines, and pancreas! Then, 1 person can give **55** types of tissue! Each organ or type of tissue has a different time frame between recovery and transplant.

Patients who are critically ill, who are recommended for transport to a transplant center (Florida has 400 including dialysis,) and who have been evaluated and determined eligible, may benefit from a transplant. Donors may be found among those with traumatic brain injury, those referred or authorized to consider organ placement.

Florida performs over 5,000 transplants per year of the 100,000 nationwide. To be a donor, visit www.DonateLifeFlorida.org or your local driver’s license office if you have not already signed up. You will have the word “DONOR” in tiny red letters on your license. -Tallulah Brown, content; John Furches, photo

LIFESAVING & HEALING ORGANS & TISSUES



Each organ has a different time frame between recovery and transplant.

KIDNEY 24 - 48 HOURS	LIVER 12-16 HOURS
LUNGS 4 - 6 HOURS	INTESTINES 4 - 6 HOURS
HEART 4 - 6 HOURS	CORNEA 48 HOURS

The Dining Corner: Are You Stressed?

We all experience stress; it's part of living. *Carolina Public Health*, the award-winning magazine of the UNC Gillings School of Global Public Health, covers the relationship between nutrition and stress. <https://campushealth.unc.edu/health-topic/nutrition-and-stress/> Regular daily meals with high fiber foods and a variety of fruits and vegetables, along with unsaturated fats are suggested for stress management.

The brain copes best with a continuous source of fuel/glucose. A sandwich or a freezer meal containing whole wheat bread or pasta for fiber, colorful vegetables for vitamins and minerals, and a protein provide excellent fuel to cope with stress. Unsaturated fats are important. Omega-3 fatty acids are found in walnuts, flax seed, and fish oil from fish such as salmon, sardines, and tuna. Veggies contain vitamins and minerals like copper, zinc, manganese, and vitamins A, E, and C. Leafy greens are good. Color is important. A colorful plate is most likely to contain vitamins and minerals needed to neutralize harmful metabolites produced in the stressed body.

High fiber foods are associated with increased alertness and decreased perceived stress. Oatmeal, nuts, beans, fruits, and vegetables are good sources. A caveat: healthy foods can be sabotaged in preparation (frying or fatty sauces) and quantity (large servings.) Along with healthy eating goes the need for fluids. Include them at each meal, with several cups in between.

Our dining staff work hard to provide meals taking all this and more into account. Lots more to tell you about. Look for it in next month's Dining Corner.

-Steve Gird



Lindsay Kallman

League of Women Voters

On September 10, our League of Women Voters committee sponsored a talk by Donna Waller reviewing the 6 amendments on the November ballot and two issues on ballots for city residents. Donna taught political science and American government at Santa Fe College for many years, starting in the early 80s. Lindsay Kallman discussed Amendment 4 and explained exactly what the wording means. More than 80 interested voters came to hear the presentation. We ran out of cookies very early.

-Mary White, content;
Sandy Furches, photos



Donna Waller



Dance Alive National Ballet wowed a full house in the Oak Room. They have an exciting season ahead at the Curtis M. Phillips Center for the Performing Arts. Check on upcoming performances at dancealive.org.

-Sandy Furches

Luau to Welcome New Residents!



Pond Birds (*Jack Spencer*)

Rainbow Over The Grove (*Walter Wynn*)



Meet Your Resident ICON Implementation Team



Meet the team responsible for consolidating the useful info from INFOH and working with the Touchtown stakeholders to combine the two into one common, easy to use, and secure platform. Management has signed a contract with ICON and is delighted to have resident knowledge leading the effort to tailor the look and feel of the new platform to our wants and needs.

Michael Levy & Bill Castine are among the originators of INFOH in 2014 and bring that experience to the table.

David Brumbaugh has helped with the last updated design of INFOH and led the Platform Review working group in evaluating a replacement product.

Bonnie Umphreys, also an INFOH contributor, brings her organization, project management, and website development skills to be The Wild Cat Herder.

Chris Johnson is using his experience in architecture and computer network operation to help update the visual appearance and functions of the menus.

Phil Parsons's experience includes software development, tech support, project and product management. He focuses on a clean and simple user interface design, strong security, and data integrity.

Together we are trying to ensure the new Oak Hammock ICON Platform is easy to use, has useful information, reduces the frequent email blasts we receive, and is secure, protecting residents' information.

The ICON platform will be previewed for residents as soon as possible. Help sessions will be given to make sense of it all, paying particular attention to ease of use and security.

-Resident ICON Steering Committee (RISC)

By the Numbers September 1

Independent Living

	Total	Sold	Available
Houses	57	57	0
Apartments	212	210	2

Health Pavilion

	Total	Occupied	Available
Assisted	52	52	0
Memory	12	9	3
Skilled	73	72	1

-Andrew Davey and Nadia Luna

ILR Fall Kickoff

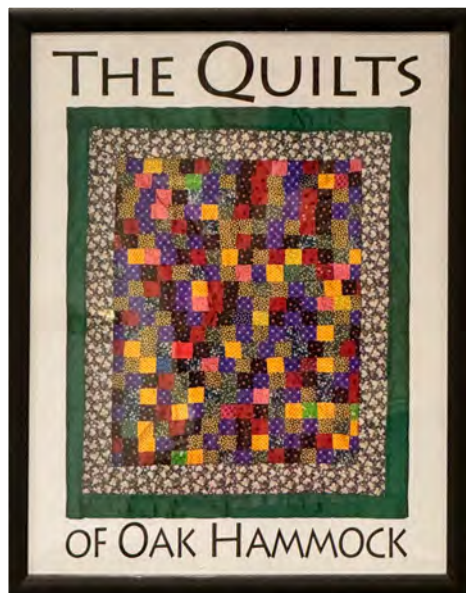
On September 15, members of the Institute for Learning in Retirement were treated to a "kickoff" event for the upcoming term of classes. Beverages and delicious snacks were provided to enhance the gathering. Walter Wynn, Chair of the Board of Directors, gave a welcome and introductory remarks. Rick Gold, Chair of the Curriculum Committee, Pushpa Kalra on behalf of Jane Brockmann, Chair of the Science Committee, and Ron Bern, Chair of the Humanities Committee, gave overviews of the fall programs that are scheduled. Throughout its rich history of over 20 years, ILR truly has "something for everyone." The audience was encouraged to submit ideas for future programs and to volunteer as a presenter or facilitator.

-Bill Castine

New Art in Double Elevator Lobbies

Thanks to Clarke Thomas, Brenda Thomas's talented son, for framing the quilt pictures now hung in all double elevator lobbies. When the "ladies who quilt" made the 1,000th quilt, an art show displayed these quilt pictures and many others. Now the number of quilts is at almost 2,000 and a few ladies quilt on. What a lovely reminder having these pictures displayed. If you are interested in helping make these quilts for Skilled Nursing residents, please contact Paulette Gird or Anne Carlson-Bonus. If you can use a sewing machine, the rest is easy and fun.

-Anne Carlson-Bonus, content; John Furches, photo



Greenhouse Visitor

-Janice Malkoff



Scholarship Recipient: Teresita R. Perry

The lady in the picture needs no introduction to many residents in The Grove (Building 1.) She is known as the hard-working housekeeper, Teresita. She immigrated from the Philippines to the US 15 years ago with her disabled veteran husband. Teresita recently completed the CNA certificate and looks forward to improving her skills as a home health aide while continuing to be a housekeeper. Teresita's thanks to the Oak Hammock Scholarship Committee are for all who give. "My name is Teresita Perry, and I just want to thank you all for giving me the scholarship to go to CNA school. That also paid for everything, even my state certificate. I can't thank you enough because this means the world to me. I'm so very happy because being a housekeeper, I never thought I would become a CNA. God Bless All."

-Al Goebel, content; John Furches, photo



Labor Day Picnic

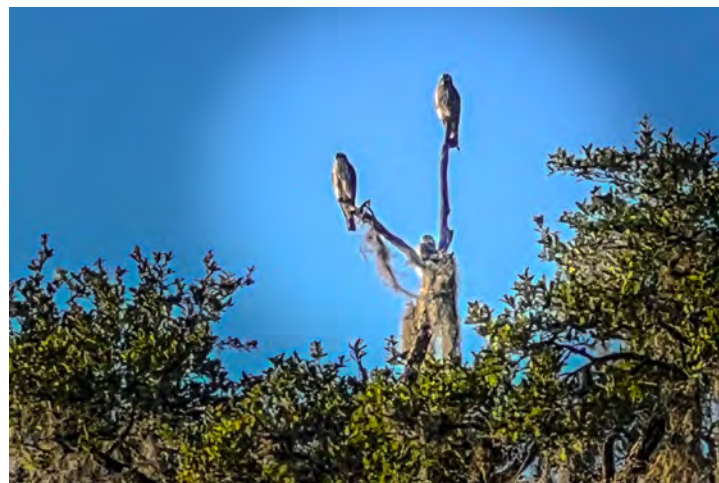


- Sandy Furches

Scenes from a Morning Walk

On August 17, Judy and I were enjoying our Saturday bird walk and encountered these scenes: (1) Three Mississippi Kites perched together near the Health Pavilion. At least one was a juvenile, known when he took flight. We assumed a nest nearby. The kites' call, a downward whistle, reported to be given mainly on their breeding grounds, has been heard around campus. (2) The new fountains on our lake were striking in the early morning light. One was in shadow while the other was backlit by the sun.

-Tom Gire





PS Salon & Spa representatives met interested residents in the Acorn Room last month to introduce their services that began September 4 at Oak Hammock. They use Paul Mitchell products, have two stations, 4 stylists, 1 nail tech, and will be open Monday through Saturday. All staff are licensed cosmetologists and any stylist does nails. Check into their Celebration Accounts and ACCORD plan! Appointments can be made by calling the same Oak Hammock Beauty Salon number, 352-548-1032.
 -Sandy Furches

TREX – a Happy Choice

In 1999, we built a home in San Felasco Estates (past Devil’s Millhopper State Park). We had been introduced to Trex, a new decking material, while visiting Amelia Island Plantation and Disney World. Surely, they were on to something! Our builder agreed that Trex would be a good flooring choice for the proposed deck. We enjoyed years of “no rot, re-painting, or splinters” until our move to Oak Hammock in 2012.

Feed the recycle box for Trex in trash rooms of The Grove (Building 1) and The Woodland (Building 2) and make Trex products possible for others!

-Barbara Dockery, content; file photo

NEW: Special Enhancement Projects Fund

Many residents have specific ideas and wishes to enhance our Oak Hammock community that are not budgeted. This new fund enables contributions for specific purposes such as campus safety and beautification. The form to use with the incorporated process is available from reception. Further explanation is available through The Residents’ Council.
 -Donna Wagner



The pool sharks from Ashton place visit the pool table one Thursday evening.
 -Peg Owens

The Benevolent Fund

A donation of \$1000 was made to the fund, in honor of all.

-Jonathon Mann



New Worship Service

On September 7, a new Episcopal worship service was initiated at Oak Hammock. It was led by The Reverend Diane Reeves, Interim Associate Priest at Holy Trinity Episcopal Church. The service included the Holy Eucharist. Thirteen communicants participated. Plans are to offer the service monthly, though the date may vary. The October service will be held on October 13.

-Bill Castine



Grandparent Readers



Just before "Grandparents Day" September 8, Janet Janke flawlessly executed a reading event for over thirty 3rd graders of Caring & Sharing Learning School with 15 Oak Hammock "grandparent" readers—an enriching experience for all!

-Sandy Furches, content; Anne Garlington, photo

Dr. Barbara Oberlander, Retired Santa Fe College History Professor, mesmerized another audience with her recent presentation on Sandra Day O'Connor. Oberlander brings history to life and is a popular ILR speaker.

-Sandy Furches





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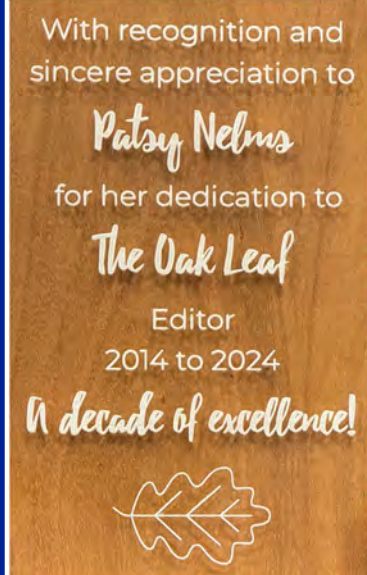
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Events

Kathy Subak



A SURPRISE party honoring Patsy Nelms drew a crowd as Katherine Osman presented a plaque reflecting their 10 years working together on *The Oak Leaf*. Patsy's daughter, Sandy Moore of Ft. Myers, and son, David Nelms of Lake Lure, NC, were special guests along with Sandy's husband, David (not pictured.)



-John Furches

2024 Residents' Council

President: Donna Johnson johnsodc01@gmail.com

Vice President: Nancy Dickson nancyjackathens@hotmail.com

Secretary: Nancy Wood nancywood.oh@gmail.com

Assisted Living Representative: Fred Harden gatorfred552@aol.com

Committee	Meeting Time	Chairperson	E-Mail
Active Lifestyle	1 st Monday 11:00 am	Marilyn Crosby	mcrosby908@aol.com
Charitable Giving	1 st Tuesday 3:00 pm	Mike Plaut	smplaut@gmail.com
Food & Nutrition Services	1 st Friday 10:00 am	Steve Gird	stevegird097@gmail.com
Growth & Renovation	2 nd Wednesday 3:15 pm	Martha Rader	martharader1@gmail.com
Landscape & Grounds	2 nd Thursday 10:00 am	Bob Virnstein	seagrass3@gmail.com
Health & Wellbeing	3 rd Tuesday 3:30 pm	Ellyn Ahlstrom, Nancy Dickson	e.ahlstrom@me.com nancyjackathens@hotmail.com
Buildings & Infrastructure	3 rd Wednesday 1:30 pm	Bob Brown	robertbaldwinbrown@gmail.com
Finance & Stewardship	3 rd Thursday 1:30 pm	Pat Kelley	pkelley@khsatty.com
Technology & Communication Services	3 rd Friday 10:00 am	Bill Zegel	wzege@gmail.com

The Council meets at 10:00 am on the second Friday of each month in the Oak Room and via Zoom. Committees meet using a variety of formats and locations. Please contact the Committee chair for specifics.