

Freedom and Family!



Flags, the needlers patriotic window display, Uncle Sam, patriotic songs with the Oak Hammock Singers, and a picnic were all part of the 4th of July. There was much red, white, and blue at Oak Hammock, celebrating the home of the free and the land of the brave.

“America is a tune. It must be sung together.”

-Gerald Stanley Lee
 -Sandy Furches, content;
 John & Sandy Furches,
 Chrissy Smoak,
 Courtney Wong, photos



Oak Hammock BIG Flag Trivia

Ever wonder about the beautiful BIG American flags that adorn the upper commons railings? David Boyd shared interesting facts: "Right after Nancy and I moved here in September 2018, Dick Martin asked if we would undertake putting the flags up and caring for them. We are proud to have been asked and are glad we accepted." For bonus points: Where are they stored? Apt. 4203 – *the Boyds' apartment!* David and Nancy, thank you for your continued dedication.

-Barbara Dockery, content; John Scussel, photo



Patriotic Trivia...

Every Independence Day, how many times does the Liberty Bell ring? Why? (Answer on page 14.)

Welcome New Neighbors! Maurice and Nicole Levy

Maurice and Nicole Levy are new residents who have come to Oak Hammock after living in many places and on several continents. Nicole gets early credit for this. She was born on the African continent in Morocco and moved soon to the European continent making her home in Paris, France. Maurice comes originally from the North American continent, a native New Yorker. They've joined our community from Lake City, FL, where Maurice was chief of surgery at the VA Medical Center.

They met in Buffalo when Nicole was a visiting professor from France teaching French and Political Science. Maurice was a young doctor at the time. They return to Paris frequently to visit Nicole's family and friends.

Their beautifully decorated home on the fourth floor atrium of Building One showcases their collection of art. Nicole is quite the artist with beautiful paintings. Maurice is interested in Pétanque, a form of lawn bowling that originated in France. It is a delight to have them in our community and they are delighted to be here.

-Tallulah Brown



Jesse Bryan

Jesse has been in our Maintenance Department since April. His maintenance experience at several local companies included supervisory duties, most recently at Collier Companies. He saw Oak Hammock's job opening on [Indeed.com](https://www.indeed.com) and was particularly intrigued by the opportunity to focus on maintenance work, not supervision. Jesse is very pleased working with the maintenance staff and spoke of positive vibes after learning many of our employees have a long tenure at Oak Hammock. Jesse graduated from Gainesville High. He has EPA certification and experience installing HVAC.

He and his partner, a CNA, have a "Brady Bunch" family with children ages 4, 12, 15, 19, and two who are 21. Jesse enjoys doing "anything outside" including boating, fishing, and hunting. He generally works Monday through Friday and is "on call" for night and weekend emergencies. Hopefully, you will meet Jesse on a non-emergency visit.

-Karen Miller, content; Sandy Furches, photo



Erich Rossi

In February 2023, Erich Rossi joined our maintenance department after working at Oak Hammock as a contract painter with his father's company. I can personally vouch for the quality of their work. They painted in my apartment.

Erich works primarily weekdays and has been liaison with the RC Grounds Committee headed by Bob Virnstein and our current landscape company. He also assists Mike Dudley in any way needed. Erich has been very helpful dealing with our irrigation system and is focused on the fact that some of our water comes from the city (for which we pay) and some from the wells on our property. He will be pursuing his HVAC certification. Erich attended St. Patrick Interparish School, Gainesville High, then graduated from Bronson High.

He and his wife, a medical biller, have three children ages 4, 3, and 1. Erich enjoys hunting, fishing, and barbecuing. When you see him, ask to see a photo of the beautiful brisket and ribs that he cooks.

-Karen Miller, content; Sandy Furches, photo



Share Your Story with Anne

Anne Riker Garlington grew up in Gainesville, spent much of her adult life in Sarasota, and has literally returned home. She is living locally in her parents' house with her daughters, ages 22 and 26. After serving as Development Officer at the Ringling College of Art and Design and working in banking/wealth management, she returned to UF in 2022 for a graduate degree in communications. Anne has joined the Oak Hammock marketing department staff as a writer.

Your story is of interest to Anne. She would love sharing it with prospective Oak Hammock residents who wish to know about the accomplished people who already call Oak Hammock home. Anne's organizational involvements have included serving on boards and committees including Asolo Repertory Theatre, the Field Club, and Habitat for Humanity. She enjoys travel and spoke of trips to Italy, Prague, and Budapest as well as her love of theater and reading.

According to Anne, several residents have already stopped by to introduce themselves. Her office is between marketing and the IL beauty parlor. Please stop and chat with her.

-Karen Miller, content; Sandy Furches, photo



Christine D'Alessio

June 24 was the first day of work for Oak Hammock's new Human Resources Director. Christine D'Alessio is from Gainesville and graduated from Buchholz High School, after dual enrollment at Santa Fe and competing on Buchholz's soccer team. A year at FSU gave her the experience of being away from home for college. She returned to Gainesville and completed her BA in English at UF. Christine is the oldest of four, including a sister in medical school and two brothers at UF. She is the mother of a nine-year-old son and a four-year-old daughter. She lives a very busy life. Her husband is the head chef at Pomodoro Cafe on NW 39th Avenue.

Christine describes herself as a good listener who welcomes feedback. She expressed her eagerness to meet the challenges at Oak Hammock.

-Karen Miller, content; Sandy Furches, photo



Missing Something?

Please remember to check the Lost and Found in the front lobby. You'll be surprised by what's there: car keys, glasses, books, small electronics. You name it! So...before you panic, check with us!

An Insider's View: Life in Assisted Living

Assisted Living (AL) provides a beautiful, comfortably arranged area for those who need assistance with daily necessities of life in fifty-one unfurnished units of various sizes. Food is delivered to each unit or is available in the dining room, which has tables for smaller and larger groupings for conversation and company. The meal plan provides three meals daily with flexibility to order half meals or personally choose individual menu items. Dessert includes wonderful ice cream!

Pets are welcome with residents who can completely care for their animal. Personal mailboxes are located close to the dining room. Small libraries are in various alcoves. Two beautiful courtyard gardens welcome all outdoors. Even your meds and laundry are handled for you.



Margarete (2nd from right) visits after dinner in an AL courtyard garden with other AL residents (l-r) Beth Sugalski, Brenda Thomas, Wayne Bottom, and Betty Kramer.

AL residents move around OH freely, eating in the Independent Living dining rooms, attending activities or ILR lectures. Six "Wisteria" apartments, added in 2023, have an updated, refreshing look including a common area for gatherings. OH drivers take residents to Publix weekly. The AL administrative assistant reminds residents of medical appointments and, with prior arrangement, OH drivers provide transport.

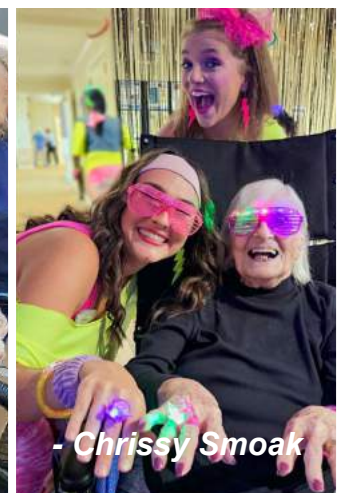
On Saturdays, an interdenominational service is held with rotating clergy from Gainesville churches. Wonderful! Often entertainment is brought from outside, and daily, the enthusiastic life enrichment team plans activities that all are encouraged to attend.

It's wonderfully comfortable here since I moved on October 10, 2023, from my apartment in Building 1. Life is good in AL!

-Margarete Ruth, content; Sandy Furches, photo



There is Always Something Going On in the Health Pavilion



- Chrissy Smoak



Studio Tour

Oak Hammock resident and artist Charlotte Newman stands with one of her award-winning pieces "Florida Self Portrait 2023" during the Artist Studio Tour in downtown Gainesville. The Studio Tour was enjoyed by Oak Hammock residents Rubye Sullivan, Anne Barron, Ann Anandel, Susan Boychuk, and Tom Ogg.

-Sara Ogg



20th Anniversary: Our Changing Pond and Landscaping



Oak Hammock
at the University of Florida®

The first residents of Oak Hammock came in spring of 2004. What attracted these folks?

The design of the site was developed by landscape architect Bill Waddill, working with Urban Resource Group, a division of Kimley-Horn. In a 2002 article, Waddill wanted “to per-

petuate a ‘natural’ look and ambiance—to create attractive, inviting places for people to relax, read a book, talk or meet neighbors.”

Also, “A lake will be included into the design that will serve for water management as well as an amenity.”

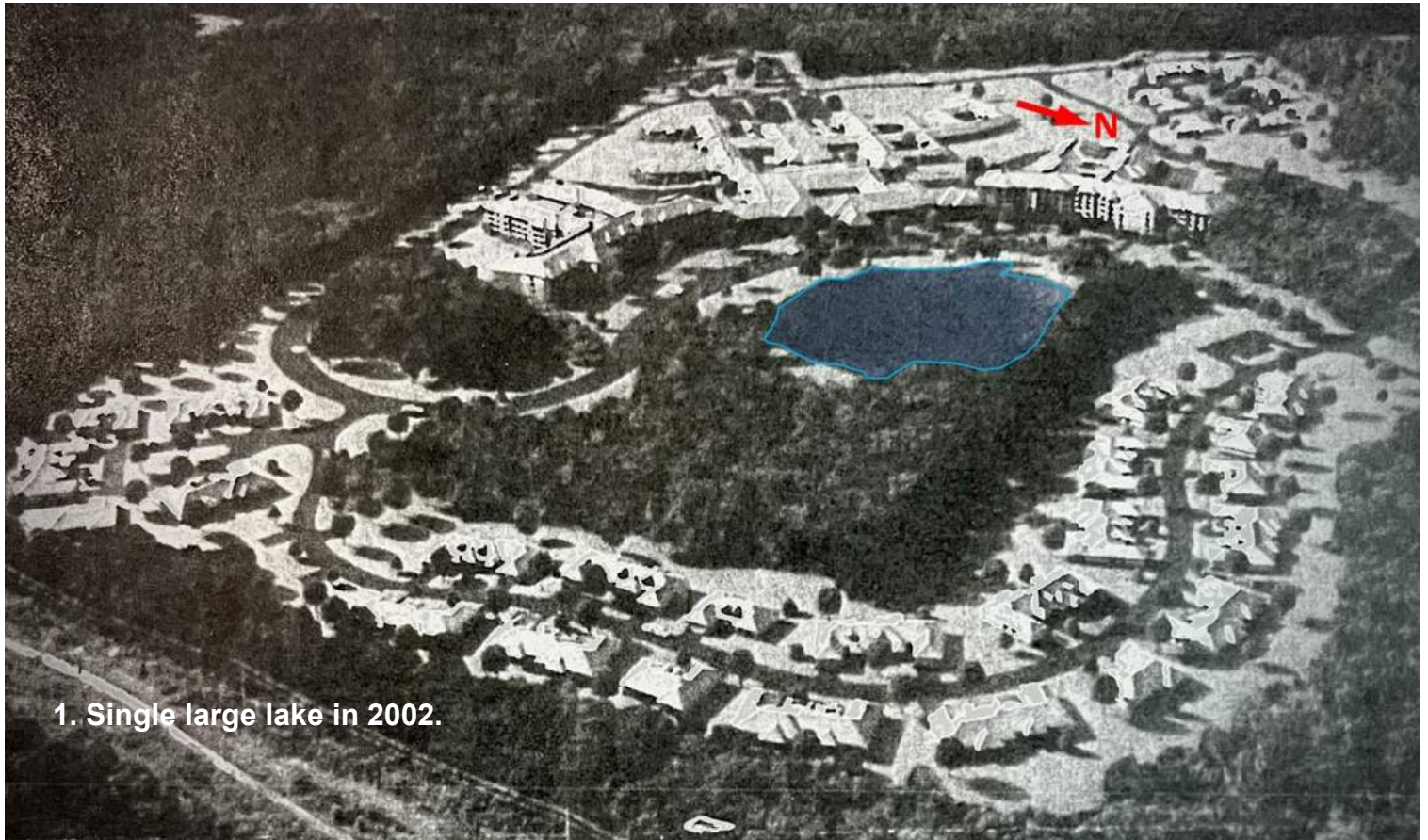
Originally, our pond was a larger single lake (photo 1). It was later divided by a berm into today’s decorative retention pond with a stormwater detention pond beside it.

Stormwater runoff, from paved surfaces and developed areas, runs into gutters and into the temporary detention pond which provides the primary treatment for stormwater. Sediment settles to the bottom. Nutrients from fertilizer, primarily from lawns, are taken up by the dense plants. Some water seeps into the ground.

When water levels become high from heavy rains, water flows through a concrete spillway into the adjacent decorative pond. This pond provides some additional treatment. Some of the nutrients are taken up by the microscopic single-celled algae (phytoplankton) in the water. That’s why the water is green—it’s fertilized.

As the phytoplankton dies, it, along with leaves and grass clippings, sinks to the bottom. Two bubblers and the two fountains add dissolved oxygen (DO) to the bottom water, which speeds up the microbial decomposition process and converts some of the nitrogen fertilizer to harmless nitrogen gas. The increased DO benefits wildlife, like fish and tadpoles. The fountains also add a touch of beauty (photo 2).

From the detention pond, the stormwater flows 110 yards through an underground culvert, then into a swale, then to a sinkhole, the lowest spot on the Oak Hammock campus (photo 3). The treated water then



1. Single large lake in 2002.

(Continued on page 7)

(Continued from page 6)

seeps slowly into the ground and eventually into the Floridan Aquifer, the source of drinking water for Florida and the water for Florida's many springs.

Waddill's goal was to "minimize long-term maintenance." We are still working toward that goal. Waddill imagined that the "design of the lake will incorporate vegetation at the water's edge to maximize it as an attractive amenity."

However, our pond edges are too steeply sloped to have a shallow shore-line with rooted aquatic plants. To retain its water, this pond was built with a plastic liner that continues several feet upslope, eliminating the possibility of shoreline vegetation without major regrading.

Additional landscape features are coming soon. Dr. Gail Hansen, from UF's IFAS, will be developing new Florida Friendly landscape plans for much of the campus. Right plant, right place will replace several previous landscape mistakes and with less grass, more trees. Look for changes in the near future.

-Bob Virnstein

2. Current view of the pond with fountains for aeration.



3. Paths of stormwater runoff.



20th Anniversary: Designing Oak Hammock

Note: This is Part 2 of a multi-part series on the history of Oak Hammock. Part 1 in the June, 2024, issue introduced key players in the origin of the OH dream.



Oak Hammock
at the University of Florida®

In 1997, President John Lombardi authorized UF to proceed with a project assessment. Leslie Bram was charged with leading a workgroup that became the Oak Hammock Board of Directors in 1999. Bram took on a half-time assignment in addition to her more than full-time job as COO and Associate VP, UF Foundation. She embarked on an intense 8-year journey, a labor of love, leading to the successful creation of OH.

Lombardi envisioned the CCRC as an asset within the constellation of many UF assets. He mandated high quality (A but not A+), self-sustaining, and financially independent from UF. Using Frank Duckworth's \$300,000 for a feasibility study, Bram sought lawyers and expert consultants to support the workgroup's efforts. Gordon Streib introduced Lombardi to **Matt Weaver**, a principal at Asbury Development & Management, a Jacksonville firm that later became PRAXEIS. They had developed seven CCRCs for military constituencies, primarily retired Army, Navy, and Air Force officers. Weaver and his firm were hired to support the feasibility study and development efforts for Oak Hammock at the University of Florida. Weaver worked closely with Bram.

The workgroup visited CCRCs around the country, identifying what they liked and did not like. They spent thousands of hours debating and defining how a CCRC at UF should be designed. A key feasibility issue involved setting the entry fee price point to support the business model. Lombardi's requirement for high quality necessitated a higher price point than the benchmark average home price in the immediate Gainesville area. The risk was taken to rely also on recruiting residents from south Florida and other areas with higher home values. The expensive nature of the CCRC also meant a lower level UF employee would not be able to afford the CCRC. Another key design decision emphasized the commons area, spending fewer dollars on living units. For example, a large, state-of-the-art fitness center was included, while Formica kitchen counters were standard. If granite counters or higher-grade appliances were desired, the resident could pay additional for upgrades.

Although Lombardi refused to spend UF money directly on the project, he dedicated his time and support. He authorized access to alumni donors, faculty, and administrators. He and Bram visited every unit on campus promoting the CCRC idea to see how each might contribute, while benefitting students and faculty through an association with the CCRC. Later, these relationships were formalized in 20 affiliation agreements between each interested UF college unit and OH. In addition, faculty and deans were appointed to the OH Board of Directors. **Robert Frank**, Dean, College of Public Health & Health Professions (1995-2007), and **Kathleen Long**, Dean, College of Nursing (1995-2013), each contributed valuable time and expertise over an extended period, along with others who served.

-Neill Hollenshead

From Our Closets to Their Closets

Oak Hammock really enjoys sharing – time, talents, clothing! Following the outpouring of donations last year, the UF Career Connections Center invited us to take another look in our closets. Professional men's and women's clothing and accessories – for all sizes, for all climates – were needed. The Career Connection Center offers varied services and events to all new UF students and alumni. What a wonderful opportunity to help others dress for success and achievement. Thanks to all who helped fill numerous carts to overflowing. Maybe your 'empty' closet has room for a new addition!

-Barbara Dockery



Rainbow Over Oak Hammock

-Deborah Rossi

The Changing Landscape for Insurance in Florida

The 2nd Quarter 2024 FLiCRA *Resident Connection* had two articles about insurance. One reported some assisted living and skilled nursing facilities were closing because insurance had become unaffordable. The other said that recent legislative changes had stabilized the property insurance market and even brought about some rate decreases.

Let's look first at the legislative changes and then at the effects. One change was to repeal the so-called "one-way attorney fee" law. This law allowed plaintiffs' attorneys to win potentially huge claims for attorney fees if they won even a trivial favorable judgment against an insurance company. Its repeal was expected to remove a major incentive for lawsuits against insurance companies and drastically reduce insurance companies' costs.

Another major change was to prohibit homeowners from assigning insurance benefits to contractors, a practice that had welcomed fraudulent insurance claims. Lawmakers also imposed duties on property insurance companies to meet deadlines for completing steps in the claims-handling process.

Another driver of rising insurance costs has been Florida's vulnerability in climate change to more destructive storms. Unfortunately, there is little the Florida legislature can do to protect property owners or insurance companies from storms. Nonetheless, the changes it *has* made have reportedly succeeded in stabilizing property insurance rates in Florida and even enabled some rate decreases.

As a consumer, I have not seen the benefit yet. In fact, our auto insurance premium jumped enormously this year. I will probably get competitive quotes before renewing again. Has the Florida insurance landscape truly changed for policyholders?

-Tom Gire



What You Need to Know ... and More

Florida's weather history is peppered with record rains, winds, and hurricanes. The lingo used to predict and inform can confuse you—El Niño, rip currents, storm surges, evacuation routes, power outages, and storm shelters. The National Hurricane Center tracks weather 24/7, keeping state and local weather stations informed.

Living at Oak Hammock has its perks. Staff members take Florida weather seriously, remaining calm and efficient. They are assigned specific timeline responsibilities; living on campus is necessary. Stop at reception in the lower-level commons for informational copies of suggested preparation guidelines, including Oak Hammock's "Prepare for an Emergency—Safety Information." Being prepared is the name of the game! Florida crackers keep a jug of water, a jar of peanut butter, a handheld can opener, and flashlight batteries on hand. Having Rx meds available is a given. Ditto a small stash of Yankee dollar bills tucked away. Loss of power stops ATMs. Suddenly, everything costs \$20 or more.

The National Hurricane Center's list of dreaded storm names for this hurricane season—Beryl, Chris, Debby, Ernesto, Francine—are not names to select for anticipated grandchildren. And should power be lost, some folks are known to sip one of New Orleans' namesakes, a *Hurricane*, and party on.

-Barbara Dockery, content; Barbara Dockery and John Furches, photo composite



Free Therapy at Oak Hammock

Feeling stressed? Looking for a way to reduce anxiety or depression? Planning to improve your physical well-being? DIRT THERAPY might be your answer. Dirt therapy leverages the healing power of nature and offers a hands-on, sensory-rich experience that can reduce stress, anxiety, and depression. Research indicates the act of tending to plants can lower cortisol levels, boost mood, and enhance overall emotional health. Beyond the psychological benefits, dirt therapy promotes physical health. Gardening can provide moderate exercise, improving cardiovascular health, strength, and flexibility. Time spent outdoors provides natural vitamin D from sunlight, an essential for bone health and immune function.

The Oak Hammock Community Gardens is “ground zero” for dirt therapy on our campus. The raised beds garden plots are offered for your use at no charge, only your promise to maintain the plot in reasonable fashion. Never gardened before? Need help? We can find you a garden mentor to answer your questions and help you get started. We want you to succeed.

An additional benefit is the opportunity to join the Garden Groupies, a club with no monthly meetings and no officers. We meet a couple of times a year for a garden social (refreshments!) where we share ideas, ask questions, get answers, swap seeds and plants, and sometimes have a short program to help us become better gardeners. Bottom line—Garden Groupies provides support, encouragement, and friendship.

Interested? Contact Gail Robinson, one of our resident gardeners.
-Gail Robinson



Floor Party Picnic!

Building 2, Floor 2 indoor picnic brought together 34 neighbors including alumni now in assisted living. Smiles reflect the good meal and celebration of alum Brenda Thomas's 102nd birthday.

-Sandy Furches, content; John Furches, photo

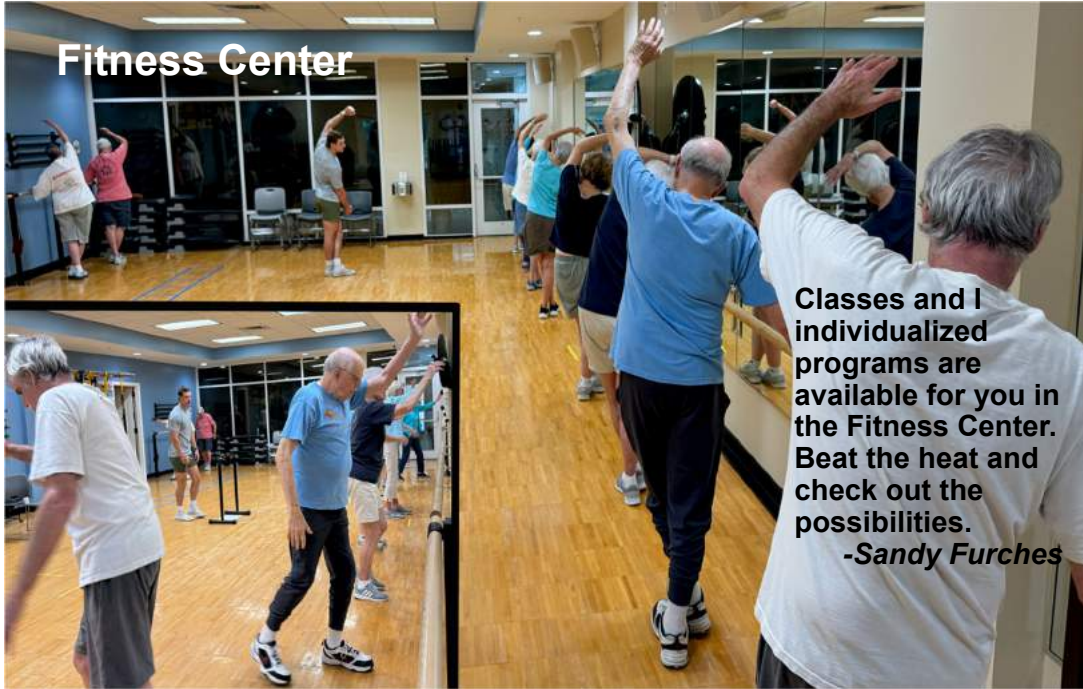
Nature!



-George Arola



-Mike Plaut



Fitness Center

Classes and individualized programs are available for you in the Fitness Center. Beat the heat and check out the possibilities.

-Sandy Furches

**By the Numbers
July 1
Independent Living**

	Total	Sold	Available
Houses	57	56	1
Apartments	212	208	4

Health Pavilion

	Total	Occupied	Available
Assisted	51	51	0
Memory	12	11	1
Skilled	73	69	3

- Andrew Davey and Nadia Luna

The Cotton Club

An Oak Hammock tour of this historic museum and cultural center at 837 SE 7th Avenue in Gainesville was organized by Marilyn Crosby and Pat Toskes. Our excellent tour guide was 85 years young and enlightened us about the Serenola Plantation owned and operated by the Black Cowboys. The plantation name is still a large area of Gainesville, but the land is now built up. The mission of this cultural center is to enrich all who wish to grow in knowledge and appreciation of the African American experience and culture. For more info: cottonclubmuseum.com.

Lunch at Harry's Seafood Bar and Grille in downtown Gainesville following the tour was enjoyed by all and wonderful bus driver Robbin returned us home safely.

-Margarete Ruth



The Dining Corner

This is the first of what is hoped to be a monthly column by your Food and Nutrition Services Committee. The Committee's primary goals are to serve as an information highway between residents and Dining Services, and to serve as a resource where possible.

The last four months' surveys have revealed some positive data. While our meals are pretty good, there are quality issues we feel could be resolved. The first is food served cold. Dining Services has purchased infrared thermometers for the "expos" to monitor the temperature as food leaves the kitchen. If too cold, it will be corrected.

Classic meals like Beef Stroganoff and Chicken Marsala will be made

with classic recipes. There were comments about the Chicken Marsala not tasting like it has any Marsala. Chef Julio assures me that Marsala wine was used per classic recipes. He further assures that they do not and never have served instant mashed potatoes. I had the Beef Stroganoff, and it was delicious. Exactly as I thought it should be.

The summer menu was rolled out July 8. The changes were driven by resident surveys, sales of meals over the last quarter, and balance of the menu to meet the various dietary needs and wants of residents.

Dining Services wants to do more action stations. July 26 will be "Bourbon, Boots & Barbecue." Look to taste lots of different bourbons. I'm out of room, I'll talk to you next month.

-Steve Gird, content; Michael Levy, photo



Pottery class with Oak Hammock residents given at the University of Florida.

-Sara Ogg

Join the
Community
Services Team
July 22 at 2:00 p.m.
in the
Upper Level
Commons
for
Coffee and Cookies.
Say thank you to
Julie Ann and
hello to Pam!



Birthday dinner in honor of Janet Silverstein organized by Maryalice Nelson.

-Magdalen Berken

PET REMINDER

Pets are to be leashed at all times while outside of your home and/or the dog park and are not to be on furniture or where food is being served. Service dogs, however, are allowed to accompany their person (whether a resident or resident-accompanied guest) to our dining facilities.

Recycled Riches

Our recent #3114 apartment sale made staff and residents very happy. It was reminiscent of our old Oak Room sales with loaded tables of household items. We had little furniture and a room of "FREE" items that went rapidly during preview and sale days. We made \$1,112.75. Thank you to everyone who helped make this sale a success!

Look for two more sales in July; details are coming soon. If you can help in any way, you will be rewarded in many ways. This is a wonderful opportunity to get to know your neighbors and staff.

The annual "Christmas in July" sale Monday, July 29, in the Acorn Room is always greatly appreciated by our staff. If you have holiday items to donate, contact Ann Andel. Volunteers are needed Sunday, July 28, for setup and Monday, July 29, for the sale.

Recycled Riches is very active. Join us at our next meeting on Monday, August 26, at 11 a.m. in the Acorn Room. Everyone is welcome!

-Valerie Griffith, Chairman,
Recycled Riches, content;
Sandy Furches, photos



Fabulous Ladies Luncheon

Sixteen Fabulous Ladies from the Third Floor – Building Two gathered in the Acorn Room to enjoy a light lunch, some girl talk, and have fun! Several shared their personal "a funny thing that happened to me" memories. Sounds like a repeat for the calendar!

-Barbara Dockery, content; Gloria Nelson, photos

Employee Scholarship Fund Quarterly Financial Report As of June 30, 2024

Balance March 31, 2024	\$175,299.31
Donations received in April	6,275.00
Scholarships awarded April	(577.82)
Balance April 30	180,996.49
Donations received in May	908.86
Scholarships awarded in May	(1,497.34)
Balance May 31	180,408.01
Donations received in June	730.00
Scholarships awarded in June	0.00
Balance June 30, 2024	\$181,138.01

Memorial Donations

Ken Berns, Cecilia Caton, Kay Koons, Katherine & John Lowe, Martha Wroe, and Susan Young

Honor Donations

Doris Greene and Pat Liston

-Lori Fishel

Sweet Outcome for Alzheimer's Association

Over \$1K was raised from the joint effort of HP and IL with their concurrent bake sales. Our One Oak Hammock mission and partnership is amazing!!! So thankful for all who contributed baked goods as well. Both HP and IL residents did some baking too!

– Chrissy Smoak, content; John Furches, photos



Fill the Wheelbarrow

Donate now for the Annual OH Golf Tournament on Monday, October 14. Fine wine or any unopened bottle of spirits is welcomed. Raffle tickets will be available in September at Reception. You do not have to be present to win! All proceeds benefit the Benevolent Fund. Questions? Call 352 548-1064.

-Kathy Subak



Dick Martin at work! Thanks for his entertaining and informative videos documenting life at Oak Hammock over the years.

-Frank Townsend



Gloria Nelson, instructor (3rd from left), poses with several of her "Blooming Artists" at the recent reception honoring their talents.

-Sandy Furches

The Longest Day

The Longest Day is an annual fundraising event held to support the Alzheimer’s Association. After 10 years of participating, bridge players have raised more than \$9 million! On June 24, approximately 80 players gathered in the Oak Room for games at 1:00 p.m. and 5:30 p.m. Donations and pledges this year totaled over \$10,000!

Although top honors went to players from outside Oak Hammock (one from Ocala and one from St. Augustine), residents Barbara and Ted Wasserman took second place in the 1:00 p.m. session, which was the best performance of the day by Oak Hammock residents.

The Gainesville Bridge Clubs are grateful to Oak Hammock for traditionally providing the room free of charge, our maintenance crew for getting the room set up exactly right, Kathy Subak for her assistance, and the many Oak Hammock residents who donate funds to the Alzheimer’s Association. Thanks to all who participated or donated.

-Bill Castine & Beth Paul, content; Bill Castine, photo



The Benevolent Fund

A total of \$35 was given in honor of Pat Liston.

- Jonathon Mann



The Oak Leaf Archives



<https://infoh.us/oak-leaf-issue-index-2004-2023/>

My Dog Has Fleas; Does Yours?

That’s the folksy tune that helps beginning ukulele players tune their four string instruments. Ukuleles have been around more than 138 years in soprano, concert, tenor, and baritone sizes. The Gainesville Ukulele Club started with Mary and Jacki Davis, inspired by their grand girl’s first ukulele. Mary shares, “uke music makes us smile. It brings out the child in people. We began with ten people; now the mailing list is over a hundred.” About twenty gather for club nights at the United Church of Gainesville twice monthly, plus club nights outside the Hoggtowne Music Store at Thornebrook Village. *Beginners are always welcome!*

Twenty members of the Gainesville Ukulele Club recently visited the Oak Room. Their strumming had everyone humming and singing favorites such as “Hey, Good Lookin,” “Country Road,” and “Beautiful Brown Eyes.” In the 1950s, television host Arthur Godfrey brought ukes into homes. Tiny Tim invited everyone to “Tiptoe through the Tulips” in 1968. Oak Hammock’s own Deborah Dean enjoys playing with the Gainesville Ukulele Club. She insists “uke’n do it too.” Even Taylor Swift plays the uke during concerts!

-Barbara Dockery, content; Bev Cone and Barbara Dockery, composite photo





Co-Editors

Sandy Furches & Patsy Nelms
oakleaf@furches.xyz

Proofreaders

Marion Bowen, Bill Castine, Beth Paul

Oak Leaf Committee

Tallulah Brown, Bill Castine,
 Nancy Dickson, Barbara Dockery,
 Jan Havre, Beth Paul

Additional Contributors (This Issue)

Magdalen Berken, Andrew Davey,
 Lori Fishel, Steve Gird, Tom Gire,
 Valerie Griffith, Neill Hollenshead,
 Nadia Luna, Jonathon Mann, Karen Miller,
 Sara Ogg, Gail Robinson, Deborah Rossi,
 Margarete Ruth, Chrissy Smoak,
 Kathy Subak, Frank Townsend,
 Bob Virnstein

Photographers

George Arola, Magdalen Berken,
 Bill Castine, Bev Cone, Barbara Dockery,
 John & Sandy Furches, Michael Levy,
 Gloria Nelson, Sara Ogg, Mike Plaut,
 Gail Robinson, Deborah Rossi,
 Stephanie Rossi, Margarete Ruth,
 John Scussel, Chrissy Smoak,
 Frank Townsend, Bob Virnstein,
 Courtney Wong

Graphics

Katherine Osman, Layout

Events

Kathy Subak



ReRun Sneakers Update

Thank you, Oak Hammock residents! Bill and Deborah Rossi's grandchildren, Isabella and Nicholas, are the local organizers of this effort. A shipment of 317 pairs of sneakers just went to Honduras. Oak Hammock contributed 58 pairs! Will we beat that in the next shipment? Just leave your gently used sneakers in the grey bin inside our Fitness Center. Thanks!

*-Deborah Rossi, content;
 Stephanie Rossi, photo*

2024 Residents' Council (updated)

President: Donna Johnson johnsodc01@gmail.com

Vice President: Nancy Dickson nancyjackathens@hotmail.com

Secretary: Nancy Wood nancywood.oh@gmail.com

Assisted Living Representative: Fred Harden gatorfred552@aol.com

Committee	Meeting Time	Chairperson	E-Mail
Active Lifestyle	1 st Monday 11:00 am	Marilyn Crosby	mcrosby908@aol.com
Charitable Giving	1 st Tuesday 3:00 pm	Mike Plaut	smplaut@gmail.com
Food & Nutrition Services	1 st Friday 10:00 am	Steve Gird	stevegird097@gmail.com
Growth & Renovation	2 nd Wednesday 3:15 pm	Martha Rader	martharader1@gmail.com
Landscape & Grounds	2 nd Thursday 10:00 am	Bob Virnstein	seagrass3@gmail.com
Health & Wellbeing	3 rd Tuesday 3:30 pm	Ellyn Ahlstrom, Nancy Dickson	e.ahlstrom@me.com nancyjackathens@hotmail.com
Buildings & Infrastructure	3 rd Wednesday 1:30 pm	Bob Brown	robertbaldwinbrown@gmail.com
Finance & Stewardship	3 rd Thursday 1:30 pm	Pat Kelley	pkelley@khsatty.com
Technology & Communication Services	3 rd Friday 10:00 am	Bill Zegel	wzege@gmail.com

The Council meets at 10:00 am on the second Friday of each month in the Oak Room and via Zoom. Committees meet using a variety of formats and locations. Please contact the Committee chair for specifics.