

THUR TUE FRI SAT SUN MON WED National Cheese 🌃 National Barbie **National Pound National Oreo** National Be **National World Wild Life Doodle Day** Cake Day **Heard Day Oregon Day** Day Day Day 9:00 Warm Cookies. 9:30 Warm Cookies. 9:00 Warm Cookies. 10:00 Morning 9:30 Baking with Sing 9:00 Warm Cookies, 9:00 Warm Cookies, Refreshments. & Stretches (CAA) Refreshments & Refreshments, & Refreshments, & Refreshments, & Alongs (ALCK) Chronicles (AL Chronicles (AL 10:00 OH IL Resident Chronicles (AL CK) 10:00 Virtual Sunday Chronicles (AL Chronicles (AL Postal Area) Postal Area) Council Via Zoom 10:30 In-Person Catholic Mass with Postal Area) Postal Area) 10:00 AL Publix Bus 10:00 Ms. Pat's Bird 9:30 Conversing & (ALCK) Communion 10:00 Morning **Interdenominational Shopping Trips -**10:30 Moving It In **Worship Service** Stretches (AL CK) Club (AL Dining Reminiscing (AL (OAK) **Shop For Yourself!** (AL Piano Room/ 10:30 20 Minute 11:00 Did You Know -Room) CK) the Morning (AL Lobby) 10:00 Stories with Lobby) 10:30 Garden Guru's Exercise (CAA) Guided Unusual 10:00 Resistance Knowledge! (AL 11:00 Visits With The 11:15 Chair Travel - Everyone's Janet (ALCK) Meditation For Training with Stacey Invited! (AL Dining 10:00 Weighted **Children From** with Virtual Reality Mindfulness CK) (CAA) 2:00 Bake & Taste: Workouts with Cornerstone (AL CK) Courtyard) 11:00 Self-Care 10:30 Moving it in the 2:00 DIY: Shamrock **Academy:** 11:00 Total Body Stacey (CAA) Leprechaun Sunday & Morning Exercise Stretching with 10:30 St. Patrick's **Butterfly Specials** Suncatchers (AL Pound Cake (AL Everyone's (CAA) Stacey Hogan (AL Day Trivia with iN2L (CAA) CK) Welcome! (AL CK) Social Lounge) 11:00 Docuseries: 2:00 Salt & 3:15 Let's Enjoy The Wisteria Livina 2:00 Sunday Snacks 3:30 Bookworms (AL (ALCK) Colin in Black & 2:00 Massages, Watercolor Puzzle Together! Space) & Matinee: CK) White: Episode "Silverado"(1985-PG-13, Western/ 3:30 OH Singers 2:00 DIY: St. Patrick's (ALCK) Shamrock Manicures, Music, 1.Cornrows (AL CK) 4:00 Catholic Mass Paintings (CAA) Day Shaving & Aromatherapy Action/Adventure) Rehearsal (OAK) 2:30 A Musical Duet 3:30 Irish Mimosas (In-Person) (OAK) Cream Book Marks (CAA) 3:45 Friendly Visits with Ray & Kay (AL (ALCK) 6:30 Movie Night-(RR) Dining Room) (AL Wisteria Living 4:00 Sing-Alongs with With Some Irish 6:30 Movie Night-3:30 Intergenerational **Stand-Up Comedy** Resident's Choice! Resident's Choice! 6:30 Movie Night-Bev, Jan, Sandy & Area) **Chess Adventures** 3:30 Creative (ALCK) Keith (ALPR) (CAA) Resident's Choice! (ALCK) with Students at 7:30 Saturday Night Cocktails/ 6:00 Movie Night-6:30 Movie Night-(ALCK) Oak Hall School Movie: "Priscilla" (R, Resident's Choice! Mocktails & Music Resident's Choice! (Meet in AL Lobby) 2023) (OAK) with Neighbors (AL (AL CK) (AL CK) 3:45 Come Help Me Wisteria Patio) 7:00 Duplicate 7:00 Temple Shir Brain Storm Some Shalom Shabbat 6:00 After Dinner Bridge (ACORN) **Activities For Next** 7:30 Travel Talks: Services Available Oreo Tastina! (AL Month! (AL CK) "Vietnam via Zoom CK) 6:00 After Dinner Revisited" (OAK) **Adult Coloring & Aroma Therapy (AL** CK)

March 2024

Oak Hammock - at the University of Florida"-

THUR TUE WED FRI SAT SUN MON National Panda K-9 Veterans 10 **National** National Plant A **National Pi Day** World Sleep Beginning of Flower/Girl 9:00 Warm day Day Ramadan Johnny Apple Day **Scout Day** Cookies. 9:30 Warm Cookies. 8:00 Special 9:00 Warm Cookies, Daylight Savings Seed Refreshments, & 9:00 Warm Cookies, 10:00 Morning Treasures' Refreshments & Refreshments, & Time Begins Chronicles (AL Postal Refreshments, & **Sensational Spring** Chronicles (AL CK) Chronicles (AL Stretches (CAA) 9:30 Baking with Area) Chronicles (AL Sale (ACORN) 10:30 In-Person 10:30 Seated Ball Postal Area) Classical Shows 9:30 Conversing & Postal Area) 9:00 Warm Cookies, Interdenominational Exercise (CAA) 10:00 Ms. Pat's Bird (ALCK) Reminiscing (ALCK) 10:00 AL Publix Bus Refreshments. & **Worship Service** 10:30 Let's Go On A 11:00 Brain Games Club (AL Dining 10:00 Alzheimer's Pie **Shopping Trips -**Chronicles (AL (AL Piano Room/ and Cookies with Nature Walk with Room) Sale For National Pl **Shop For Yourself!** Lobby) Postal Area) 10:30 **UFPD** Paw Day! (SN Lobby) Friends (AL CK) iN2L (CAA) (AL Lobby) 10:00 Stories with Janet 10:00 Morning 11:15 Chair Travel 11:00 Refreshments 1:00 Did You Know -Patrol (AL Wisteria 10:00 Resistance (ALCK) Unusual Training with Stacey Living Area) Stretches (AL CK) with Virtual Reality & Snacks with 10:00 Weighted (CAA) 10:30 Seated Ball (AL CK) 11:00 Total Body Music! (AL Bocce Knowledge! (AL Workouts with 10:30 Moving it in the 2:00 DIY: Hot Glue Aerobics (ALCK) Stretching with CK) Ball Court) Stacey (CAA) **Morning Exercise** 11:00 DIY: No Sew Paintings of 2:00 Sunday Snacks 2:00 Make & Taste: Stacey Hogan (AL 10:00 RC Landscape (CAA) Pillows (AL CK) Pandas (AL CK) Wisteria Living Apple Fruit Donuts & Matinee: and Grounds 11:00 Docuseries: 3:15 Let's Enjoy The "Barbie" With Johnny Space) 2:00 Help Make Committee (ACORN) Colin in Black & 2:00 Let's Make Pies Slumber Party Puzzle Together! Appleseed Trivia (2023, PG-13, Comedy/ 10:30 AL Town Hall -White: Episode Snacks! (AL (ALCK) For The Alzheimer's (CAA) Fantasy/ **Everyone's Invited!** 2.Quarterbackin' (AL (AL Piano Room/ Wisteria Living 6:30 Movie Night-Pie Sale! (AL Social Adventure) (AL 3:30 Bookworms (AL CK) Lobby) Resident's Choice! Spacel CK) CK) Lounge) 2:30 Monthly Birthday 2:00 Creative Cooking 3:30 A Slumber Party 3:30 Low Vision 3:30 Creative (AL CK) 3:30 ILR Spring Bash with Dan Flok **Demo with Chrissy:** 7:30 Saturday Night Cocktails/ Happy Hour! (AL **Preview and Wine** Support Group Performing (CAA) **Reuben Sandwiches** Movie: "Past Lives" 3:30 A Few Good Men Wisteria Living Mocktails & Music and Cheese (MPR) (Wisteria Living Area) - Shootin' The Bull (IL with Neighbors (AL (PG-13, 2023) Space) 6:30 Movie Night-**Kick-Off Social** 4:00 Sing-Alongs with Bar - Gator Lounge) Resident's Choice! 6:30 Movie Night-(OAK) Social Lounge (OAK) Bev, Jan, Sandy & 4:00 Poetry Before 6:00 BINGO NIGHT! Resident's Choice! 5:30 Take Stock in (ALCK) Keith (AL PR) Dinner (ACORN) (ALCK) (ALCK) 6:00 Moon Pie Tasting! Children 6:30 Movie Night-7:00 Temple Shir 6:30 Checkmate (ALCK) Scholarship Resident's Choice! 7:00 Duplicate Bridge Shalom Shabbat Dementia - Oak **Program: A Listen** (ALCK) (Oak Room Hammock Chess Services Available and Learn event 7:00 League of (LOCATION CHANGE via Zoom Club (UPL) (UPL) **Women Voters** THIS WEEK!)) 6:30 Movie Nightpresents HOW MUCH Resident's Choice! **CHOICE IS TOO** MUCH? (OAK) (AL CK)

March 2024

Oak Hammock

at the University of Florida -

THUR MON WED FRI SAT TUE SUN National Chip & 23 20 National International **National Goof** St. Patrick's Day 17 Global Spring Begins 9:00 Warm **Memory Day** Day of Off Day Dip Day Recycling Day 9:30 Baking with 9:30 Warm Cookies, 9:00 Warm Cookies. Stand Up Comedy 9:00 Warm Cookies, 9:00 Warm Cookies, Cookies. **Happiness** Refreshments, & 9:00 Warm Cookies. Refreshments. & Refreshments. & Refreshments & (ALCK) Refreshments, & Chronicles (AL Refreshments. & Chronicles (AL Chronicles (AL Chronicles (AL CK) 10:00 Virtual Sunday Chronicles (AL Postal Area) Postal Area) Chronicles (AL Postal Area) 10:30 In-Person Catholic Mass with Postal Area) 10:00 AL Publix Bus Postal Area) 9:30 Conversing & Interdenominational 10:00 Morning Communion 10:00 Morning **Shopping Trips -**10:00 Ms. Pat's Bird Reminiscing (AL Stretches (CAA) **Worship Service** Stretches (AL CK) (ACORN) **Shop For Yourself!** Club (AL Dining CK) 10:00 Oak (AL Piano Room/ 10:30 20 Minute 11:00 Did You Know -(AL Lobby) 10:00 Stories with Room) **Hammock Town** Lobby) Guided Unusual 10:00 Resistance 10:30 Garden Guru's Janet (AL CK) Hall via Zoom (AL 11:15 Chair Travel Knowledge! (AL Meditation For Training with Stacey 10:00 Weighted - Everyone's CK) with Virtual Reality Mindfulness CK) (CAA) Workouts with Invited! (AL Dining 10:30 Moving It In 2:00 DIY: Tissue (ALCK) 11:00 Self-Care 10:30 Moving it in the Stacey (CAA) Courtyard) the Mornina 2:00 Megan Paper Coasters Sunday & Morning Exercise 11:00 Total Body 10:30 Dining Sabella's Shining Exercise (CAA) (ALCK) (CAA) Everyone's Stretching with Committee 1:45 Piano Tunes 3:30 Bookworms (AL 11:30 Lunch Outing: Star Music Welcome! (AL CK) Stacey Hogan (AL -Everyone's Invited **BJ's Restaurant &** with Steve (AL PR) Academy 2:30 Shamrocks & CK) Wisteria Livina ! (AL PR) 3:15 Happy Hour Mix Brewhouse (Meet in 3:30 OH Singers Students' Recital Shenanigans 10:30 Grief Support Space) AL Lobby) & Mingle (AL (OAK) Rehearsal (OAK) Shindig with 2:00 First Day of Spring 2:00 Bake & Taste: Group (ACORN) 3:15 Let's Enjoy The Social Lounge) Angelina on the 3:45 Friendly Visits 2:00 Massages, Celebration: Let's Easter Ega Fruit 6:30 Movie Night-Puzzle Together! Accordian (CAA) (RR) Start a Garden! Manicures, Music, Pizza (AL Social Resident's Choice! (ALCK) 6:30 Movie Night-6:30 Movie Night-(CAA) & Aromatherapy Lounge) 6:30 Movie Night-(AL CK) Resident's Choice! Resident's Choice! 3:30 RC Health and 3:30 Creative (CAA) 7:00 Temple Shir Resident's Choice! (ALCK) (ALCK) Wellbeing Cocktails/ 4:00 Natural History Shalom Shabbat (ALCK) **Committee Meeting** Society presents Mocktails with 7:30 Saturday Night Services Available (Oak Room "The Woods of Oak Sheba "The Queen Movie: "American via Zoom (LOCATION Of Mississippi"" (AL Hammock" (OAK) Fiction" (R, 2024) **CHANGE THIS** 4:00 Sing-Alonas with Janes Garden) (OAK) MONTH)) 6:00 After Dinner Bev, Jan, Sandy & 3:45 The Ladies Fun Sing-Alongs & Keith (AL PR) **Bunch-The Ladies** Piano Performance 6:00 Movie Night-Fun Bunch - DIY: from Steve Atlas Resident's Choice! Pens! (AL CK) (ALCK) (AL Piano Room/ 6:00 Left, Right, Center 7:00 Duplicate Lobby) Showdown! (AL CK) Bridge (ACORN)

March 2024

Oak Hammock

— at the University of Florida—

MON TUE WED **THUR** FRI SAT SUN 30 National Waffle 25 **World Theatre National National** National Black **Good Friday Palm Sunday** National **Doctors Day** Spinach Day Day **Forest Cake National** Day 9:00 Warm Cookies, 9:30 Warm Cookies, 9:00 Warm Cookies, 9:00 Warm Cookies. **Nevada Day** Cocktail Day Day Refreshments, & 9:00 Warm Cookies, 9:00 Warm Cookies, Refreshments & Refreshments, & 9:30 Baking with Refreshments, & Chronicles (AL Refreshments, & Refreshments, & Chronicles (AL CK) Word Search Chronicles (AL Chronicles (AL Postal Area Chronicles (AL 10:30 In-Person Puzzles! (AL CK) Postal Area) Postal Area) Chronicles (AL 10:00 Ms. Pat's Bird Interdenominational 10:00 One Man Band 10:00 AL Publix Bus Postal Area) Postal Area) 10:00 Virtual Sunday Club (AL Dining 9:30 Conversing & 10:00 Morning **Worship Service** Catholic Mass with Collaboration with **Shopping Trips -**Room) Reminiscing (AL Stretches (AL CK) (AL Piano Room/ Communion **Steve Robinson Shop For Yourself!** 10:30 Garden Guru's 10:30 Seated Ball Lobby) (ALPR) CK) (AL Lobby) (ACORN) - Everyone's 10:00 Stories with 11:15 Chair Travel 11:00 Did You Know -10:00 Resistance Aerobics (ALCK) 10:30 Nature Walk Invited! (AL Dining with Virtual Reality with Friends! (AL Unusual Training with Janet (ALCK) 11:00 DIY: Easter Courtyard) Knowledge! (AL 10:00 Weighted Paper Goodie (AL CK) Stacey (CAA) CK) 11:00 Total Body 2:00 Let's Play Workouts with Bags (ALCK) 11:00 Refreshments CK) 10:30 Moving it in Stretching with Operation! (AL 2:00 Waffle Barl (AL Stacey (CAA) 2:00 Easter Egg & Snacks with the Mornina Stacey Hogan (AL Dying! Come Join 11:00 Seated CK) Music! (AL Back Wisteria Living Exercise (CAA) Wisteria Living 3:15 Let's Enjoy The The Fun! (AL CK) Stretching Before Courtyard) 11:00 Docuseries: Space) Space) 3:30 Bookworms (AL Colin in Black & Lunch! (AL CK) 3:30 Happy Hour Mix Puzzle Together! 2:00 Sunday Snacks 2:00 Reader's Theatre 2:00 Bake & Taste: & Mingle (AL CK) (AL CK) & Matinee: "Irish CK) White: Episode 3. **Performance With** 6:30 Movie Night-6:30 Movie Night-**Black Forest Cake** Wish" 3:30 OH Singers Road Trip (AL CK) Abby (Wisteria Resident's Choice! Resident's Choice! 2:00 Let's Play (AL Social Lounge) Rehearsal (OAK) (2024, Comedy, Romance, Fantasy) Living Area) 3:45 Friendly Visits BINGO! (AL CK) 3:30 UF School of (AL CK) (ALCK) (ALCK) 3:30 The Recent 7:30 Saturday Night Music Faculty/ 7:00 Temple Shir 3:00 Bake & Taste: 6:30 Movie Night-(RR) Update on Brain **Student Recital** Shalom Shabbat Movie: "You Hurt Resident's Choice! 6:30 Movie Night-Spinach Dip Research: Services Available My Feelings" (18+, Resident's Choice! (Wisteria Living Series: Dr. Hsiang (ALCK) Exploitable Brain Tu & His Students 2024) (OAK) (ALCK) Areal via Zoom and other cutting 4:00 Art League (OAK) edge research presents (OAK) 4:00 Sing-Alongs with findings (OAK) Bev, Jan, Sandy & 6:00 Freestyle 6:00 Evening Musical Keith (AL PR) Painting with A Performance by 6:00 Movie Night-Twist! (AL CK) **Brothers Too (CAA)** Resident's Choice! 6:30 Checkmate (ALCK) Dementia - Oak 7:00 Duplicate Hammock Chess Bridge (ACORN) Club (UPL)

March 2024

Oak Hammock

— at the University of Florida —

SUN	MON	TUE	WED	THUR	FRI	SAT
Faster 9:30 Baking with Sing Along Music! (AL CK) 10:00 Virtual Sunday Catholic Mass with Communion (ACORN) 10:30 20 Minute Guided Meditation For Mindfulness 11:00 Self-Care Sunday & Everyone's Welcome! (AL CK) 2:00 Bunny Hop Easter Social & Egg Scavenger Hunt! (SN Courtyards) 6:30 Movie Night- Resident's Choice! (AL CK)						

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_____at the University of Florida*______