

## New Year's Eve 2022

What a celebration in the Oak Room! DJ Bobby Laredo entertained Oak Hammock residents and guests, with music that really inspired people—the dance floor was full, there were lines of dancers meandering around the tables and everyone laughed, smiled, clapped, and joined in the fun! Besides the dancing, the party included wine, beer, and champagne toasts at the tables with lots of conversation, plus a delicious dinner—served one table at a time, and concluding with choices of lots of rich desserts.

New Year's Eve at Oak Hammock was a night to remember... welcome 2023!

- Bev Cone, content;  
Patsy Nelms, photos



## Welcome Ann Meyers

Ann Meyers was born in Cleveland, OH. At fifteen, she attended a girls' boarding school and then, at the urging of her father, attended Western Reserve University. Ann was not happy there. She decided to pursue art as a career and enrolled in the Cleveland Institute of Art, majoring in Silversmithing and minoring in Graphic Arts. Her parents did not approve of this move and Ann was forced to pay for her own undergraduate education. She worked as a waitress to pay for her college fees. Ann met her husband on a geology field trip in a limestone quarry. They discovered that they had friends in common, started dating, and the rest is history. They were married between her junior and senior years at college. Her husband later went on to law school and was a corporate lawyer, specializing in international corporate law and patent law. They adopted two sons.

The family moved to Los Angeles where Ann did graduate work at California State University in Long Beach, majoring in metalsmithing. She enjoyed making jewelry and flatware.

When her husband retired, they moved to St. Croix. Eventually they moved to Palm Coast where Ann designed their home. When, after 68 years of marriage, her husband passed away in 2021, Ann decided to move to a place that was interesting and stimulating. She had visited Oak Hammock in the past and made the decision to move here.

Ann has been a volunteer at the Whitney Labs in Marineland for twenty-two years. She was Artist and Monitor of plankton in the estuary. In the past, she has been a volunteer for the Council on World Affairs in Cleveland, the Children's Home Society in Los Angeles and a Board Member of the St. George Village Botanical Garden in St. Croix. Her major interests are art, history, travel, marine science, photography, and music. We look forward to having another artist in our midst.



- Barbara Herbstman

## Russ Golly and Karen Gates

Resident Russ Golly has entered a new chapter in his life. In 2012, he came here with his wife Nancy from New York state because of Nancy's declining health. They lived here and traveled in their RV on mission work with the NOMADS (Nomads On A Mission Active in Divine Service), a volunteer organization affiliated with the Methodist Church. After Nancy died in 2018, Russ was at loose ends but still dedicated to his work with NOMADS. His skills enable aging Methodist Congregations to continue their missions.

In 2019, Russ met Karen Gates, a widow, at her home church in Argyle, NY, on a NOMADS project. Karen was also active in NOMADS. She and Russ developed a relationship and are now engaged.

Karen related, "I am the mother of two sons, Frank and Todd, and a daughter, Rebecca. They have blessed me with seven grandchildren who live from Nashville to New York State to Florida."

As a young mother, she opted to stay at home full-time doing in-home childcare. As her children aged, she developed a cleaning and adult home care business. Karen added, "During those years my husband and I and our three children lived on a small farm in rural northern New York (Cambridge) where we raised our own meat and vegetables."

When their oldest went away to college, Karen began to attend a community college. Then she transferred to Southern Vermont College in Bennington, VT, to pursue her interest in caring for the elderly. In 1996, she received a dual degree in gerontology management and social work. She was hired in the Social Services department of a nursing home in Saratoga Springs, NY.

Karen told us, "When my husband retired, we decided to sell our farm and build a much smaller home that would enable us to spend less time on home maintenance and more on traveling in our camping trailer."

She elected to stop working to help her husband clear the land for their new home. "We enjoyed camp hosting that we did for years at Mike Roess Gold Head State Park in Keystone Heights."



(Continued on page 3)

Following the death of her husband of 44 years from ALS, she got involved with NOMADS. After completing a couple of projects, she applied to have a team come to her home church in the northern New York town of Argyle. The team that responded to her call included Russ, who had lost his wife the prior year after a long illness.

Russ said he wanted to try NOMADS again but there were no openings in New York State where his stepsons live so he asked the administrator to put him on a waiting list for any project. After waiting a while, he received a call and was told of a request from a place called Argyle. He didn't know where it was, but wanted to "try" it.

Karen told us, "Russ and I feel firmly that God orchestrated our meeting and attraction as neither of us was looking for another relationship." They saw their meeting as a second chance for happiness.

Karen accompanied Russ to Oak Hammock for the first time in the fall of 2019 and has stayed here off and on for the last three years. They have continued to pursue their mutual interest in NOMADS. This has taken them to Texas, southern California, Arizona, Georgia, North Carolina, and various locations in Florida. It also allows them to be in Gainesville for short stays.

Karen sold her New York home this past summer and has become a new member of the Oak Hammock Community. She tells us, "I am now a Floridian and you will see more of me and our little black poodle, Sammy, walking the grounds. If you have any interest in learning more about NOMADS, please just ask Russ or me."

She is interested in meeting more Oak Hammock residents and becoming more engaged in the Oak Hammock Community when she is here in her new home. However, they will continue traveling in their RVs, as they both brought one into their relationship, and accepting NOMADS project assignments. They have projects for 2023 in Florida, Missouri, and Montana. Russ and Karen will be up north this summer, returning to Oak Hammock in October.

- Carole Zegel

## Linda and Clayton Kallman

Linda and Clayton Kallman bring a new dimension to Oak Hammock. Theirs is a fascinating tale, a study of lives entwining in unlikely circumstances to produce a captivating story that could really make an interesting novel!

Probably, it would be best to begin with Linda. Linda's parents were smuggled out of Bolivia. Her father was a CIA agent. The powers that were in Bolivia at the time were after him because they were displeased with him. Her mother, who was pregnant with Linda, was also smuggled out and went to Pasadena, CA where Linda was born. Clayton was born and raised in Gainesville.

Linda's father was stationed in Japan and Frankfurt, Germany, during his 30-year career in the CIA. Japanese was actually her first language. The family came to rest in Bethesda, MD, and both she and Clayton ended up at Johns Hopkins. They met while she was a nursing student and he was her patient. I guess that was one lucky skiing accident healing, because Clayton and Linda were married in 1974!

Clayton was occupied as a biostatistician as they began their family: first with son, Clay, followed by two daughters, Annelle and Lindsay. That family has grown with the addition of four grandsons, the youngest of whom is six months old. The boys are a great interest of both grandparents, with Clayton teaching the older boys C++, and Linda caring for them all, but especially the two youngest.

The retirement of Clayton's parents brought them all back to Gainesville in 1984, when his father suggested he come back to town to take over the operation of Florida Bookstore. Clayton thus began a career in real estate and financial management, while Linda became a valuable asset to numerous community organizations, especially the Chain Reaction Youth Leadership for the March of Dimes, the Community Foundation of North Central Florida, as well as other community linked health organizations.

Linda likes to plan events in her spare time, and enjoys reading and working with children, and most especially grandchildren! Clayton likes reading and exercising, and (hurrah!) Shakespeare. (Sorry, couldn't resist the editorial hurrah!) They both enjoy dancing very much, especially to music of the fifties, sixties, and seventies! They are wonderful additions to the Oak Hammock community, and we are so fortunate they chose us!

-Tallulah Brown

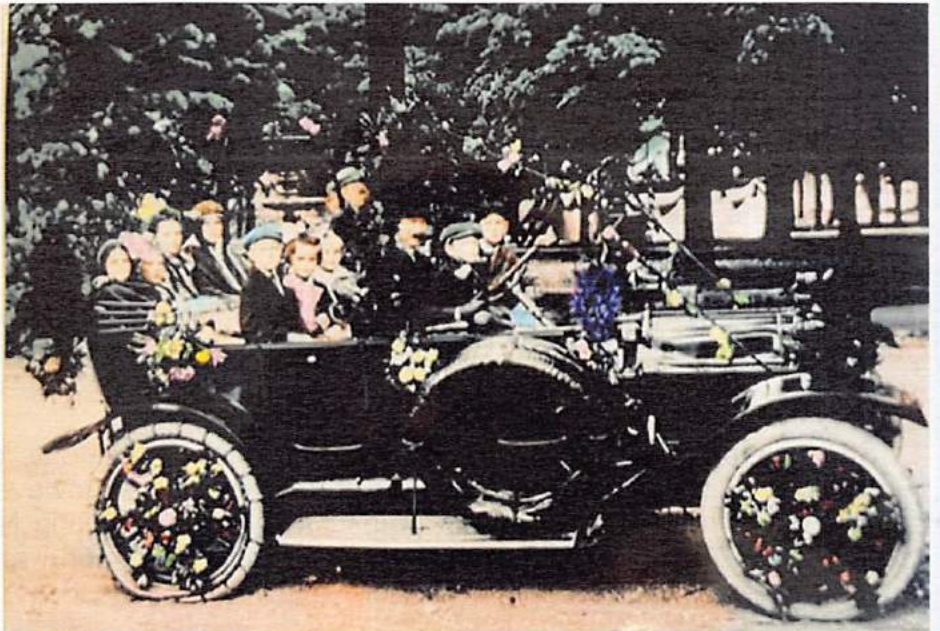


## Don Smith's Hobby

Many years ago, Don Smith found an old photo album that was collecting dust. The photos were aging, deteriorating, sticky, bent, and torn. Recognizing the historical value that was being lost, Don investigated the technology of storing some of them in digital form.

Don began scanning some of those photos, then editing them by cropping, centering, and focusing them, and even removing some of the spots and flaws. He eventually began colorizing photos to give them a more "realistic" look. At right is a 1914 Fourth of July photo of my great-grandfather, my mother and her siblings and cousins that Don focused and colorized for me.

According to Don, "Even people with modest computer skills can improve their treasured old photos." He says that expensive photo-editing software is not necessary, but old photos should always be saved in digital form before tinkering with them. Sometimes a hobby can be a valuable asset as Don has discovered. *- Beth Paul*



## Oak Hammock's Safest Day!

On Monday, January 9, the Health Pavilion was inundated with police officers and safety officials. It was National Law Enforcement Day and Health Pavilion leaders invited officers to visit our campus. Clovis Watson Jr., Alachua County Sheriff's Office, and Lonnie Scott, Gainesville Police Department Chief, plus numerous officers attended. They spent time with residents and received many thanks from the large gathering. Chief Scott was very impressed with the welcome and said, "The amount of love shown to us means a lot to us." Alachua is fortunate to have police who are seeking out contact with residents, particularly youth. This one-on-one approach allows people to identify and approach these essential members of our community.

*- Hank Wake*



## Fitness Center Manager, Ian Vincent

Ian Vincent, our new Fitness Manager, is working to provide new programs, classes with new goals and perspectives into the forefront.

Ian has lived in Gainesville for many years, moving here permanently in 2007. He is recently engaged, and looking forward to marriage soon. When not at Oak Hammock, he competes in USA Power Lifting and has coached numerous college students, as well as professional athletes and youth. He has been part of the UF Rehab Hospital for the last two years. He believes in doing some form of activity daily.



His goal is to challenge people 100%. This job at Oak Hammock mirrors what he wants to do in his life, working now with senior adults. Then, at some point, he wants to work with young children. He believes that treating exercise as "medicine" actually affects us, and heals us. Good training also promotes this healing process.

A permanent part-time floor supervisor/trainer is in the process of being hired, and there are some familiar faces returning to the gym, teaching classes and working as floor supervisors. There have been a wide range of classes added to the calendar (see below), including Zumba, Stability, and Aqua Fitness plus the popular Pilates, Total Body, and Yoga classes continue. If you'd like a class added, please see Ian or Katherine Osman in Community Services.

The future is looking bright for the Fitness Center and more details will be forthcoming as they happen. In the meantime, we welcome Ian to Oak Hammock!

-Bev Cone

SUN	MON	TUE	WED	THUR	FRI	SAT						
1	2	3:30 Rock Steady Boxing program	3	4	5	1:00 Rock Steady Boxing program						
6	7	8	9	10:00 Get to Know the Fitness Center with Ian - Sign Up Required 3:30 Rock Steady Boxing program	10	11	12	9:15 Pilates 9:30 Aqua Fitness 10:45 Stability Class 11:30 Zumba 1:00 Rock Steady Boxing program 2:30 Boxing for L.I.F.E.	13	14		
2:15 Yoga	15	7:45 Total Body Workout 9:15 Pilates 2:00 Yoga	16	8:45 Yoga 10:00 Tai Chi 11:15 Guided Stretch 2:30 Boxing for L.I.F.E. 3:30 Rock Steady Boxing program	17	7:45 Total Body Workout 9:15 Pilates 2:30 Zumba	18	7:45 Total Body Workout 8:45 Yoga 10:00 Tai Chi 11:15 Guided Stretch	19	9:15 Pilates 9:30 Aqua Fitness 10:45 Stability Class 11:30 Zumba 1:00 Rock Steady Boxing program 2:30 Boxing for L.I.F.E.	20	21
2:15 Yoga	22	7:45 Total Body Workout 9:15 Pilates 2:00 Yoga	23	8:45 Yoga 10:00 Tai Chi 11:15 Guided Stretch 2:30 Boxing for L.I.F.E. 3:30 Rock Steady Boxing program	24	7:45 Total Body Workout 9:15 Pilates 2:30 Zumba	25	7:45 Total Body Workout 8:45 Yoga 10:00 Tai Chi 11:15 Guided Stretch	26	9:15 Pilates 9:30 Aqua Fitness 10:45 Stability Class 11:30 Zumba 1:00 Rock Steady Boxing program 2:30 Boxing for L.I.F.E.	27	28
2:15 Yoga	29	7:45 Total Body Workout 9:15 Pilates 2:00 Yoga	30	8:45 Yoga 10:00 Tai Chi 11:15 Guided Stretch 2:30 Boxing for L.I.F.E. 3:30 Rock Steady Boxing program	31							

# Healthy Start to a New Year!

- With the holidays behind us, the New Year gives us a fresh start to focus on creating positive habits to support a healthier lifestyle! Here are some tips to help:



## Pick nutrient dense foods

- Fruits, vegetables, whole grains, low-fat dairy, beans, nuts, lean meats & seafood are great choices



## Stay hydrated!

- Aim to drink at least 1/3 of your body weight in ounces each day. So if you weigh 150 lbs, drink at least 50 ounces each day.



## Be physically active

- Have you met the new Fitness & Wellness Director? Ian Vincent is here to help! You can reach him at [ivincent@oakhammock.org](mailto:ivincent@oakhammock.org) or stop by the fitness center!

***Did you know?*** Those ages 60+ have unique nutrition needs to reduce the risk of chronic diseases like high blood pressure, diabetes, and heart disease. Check out the chart for nutrient needs and common food sources:

Nutrient	Common Food Sources
Protein	Meat, poultry, fish, eggs, dairy foods
Potassium	Leafy greens, beans, nuts, winter squash, avocado, banana
Calcium	Milk, cheese, yogurt, edamame, salmon, almonds
Vitamin D	Fortified orange juice or milk, salmon, swordfish, tuna, beef liver
Dietary Fiber	Whole grains, fruits, vegetables, legumes, nuts
Vitamin B12	Fish, meat, poultry, eggs, dairy products

**JOIN US ON WEDNESDAY,  
JANUARY 25 FOR A NUTRITION  
PRESENTATION!**

**3:30 PM IN THE OAK ROOM OR  
10:30 AM IN COUNTRY KITCHEN  
(ASSISTED LIVING)**

*Here's to a happy, healthy 2023 for all of us! Let us know how we can help you achieve your health goals.*

*All the Best,*

*Karen VanEtten, PT, DPT, MS, OCS, OLY  
& the Oak Hammock therapy team*

## Art League at Oak Hammock

Something new has arrived in our main and mini Galleries that will enhance our art shows immeasurably. New lighting has been installed, of the sort that it can be directed on each artwork, "lifting" each painting. It emphasizes features in each creation, through highlights and shadows that will bring depth and heightened color. A big thank you to all who worked on making this project happen. Art at Oak Hammock is alive and well.

The Eastside High School exhibit will be on display Sunday, January 8th, with an opening reception in the upper Commons on January 22nd, 3 to 5 p.m. Please come and welcome the Eastside student artists and enjoy the refreshments.

"Portals" is the named of the next judged show in our Gallery, with the exhibition running from April 2nd to July 8th. Applications for the show can be found in the blue folder at the reception desk; when it is completed, place it in the yellow folder at the desk. The deadline for receiving applications is March 10.

There is still time to donate toward an award, perhaps honoring something special, a birthday, a special person, a memorial, etc. Please contact Jane Polkowski Levy if you are interested.

For our monthly program, Susan Bankston is excited to welcome Carol McCuster, Curator of Photography at the Harn Museum. She will be showing her new exhibition, *AWE-some::materiality::meaning*. These are all new large works by outstanding international artists. Please join us in the Oak Room at 4 p.m. on January 24.

Art Studio happenings as follows: a drawing class workshop will be held on Saturday, January 28, 10 a.m. to 3 p.m. A two-day acrylic workshop will be held on February 18 and 19, 1 to 4 p.m. Look for more information on the holders outside the art studio door. Meanwhile, Marion Siegel's "Celebration of Lives" art show remains in the art studio until the end of January.

*"Creativity is magic. Don't examine it too closely."* – Edward Albee

– Marion Siegel, content; Susan Bankston, Michael Levy, photos



## Recycled Riches

Thank you for your support. Recycled Riches is starting to have apartment sales on a reduced level. We really need more help on all levels to manage these sales. If you have any interest in working on a very worthwhile project, please come to our next meeting to see how you can help.

Recycled Riches has several divisions including our Special/Vintage Treasures, Jewelry, E-bay, and a very active medical supply storage area where we sell or lend items such as walkers, canes, grabbers, shower chairs, potty seats, etc., that you may need short or long term. Please check with us first if you have something to donate or if you are looking for something. We still have our Wish List for items you want. You can't beat our deals, but we need your help.

Our next meeting is Monday, January 30, at 11 a.m. in the Acorn Room. Please join us and give us your support.

– Valerie Griffith, Chairman, Recycled Riches

# Christmas Eve Buffet—What a Spread!



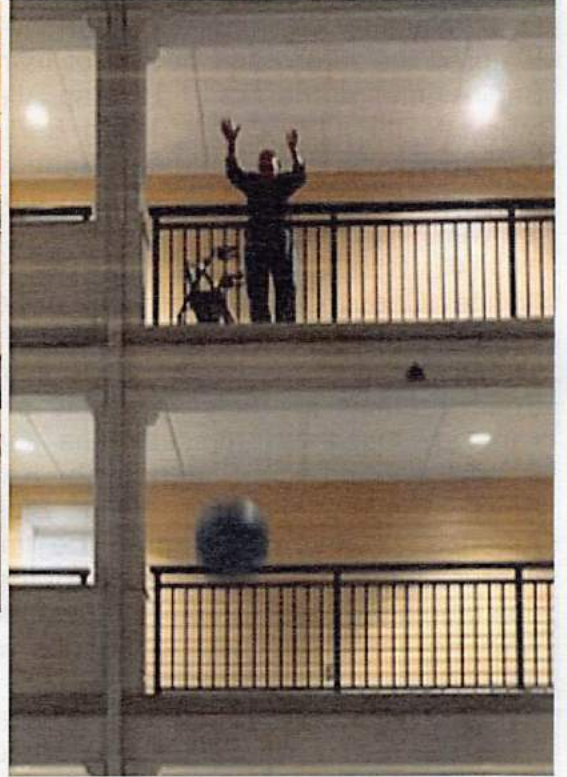
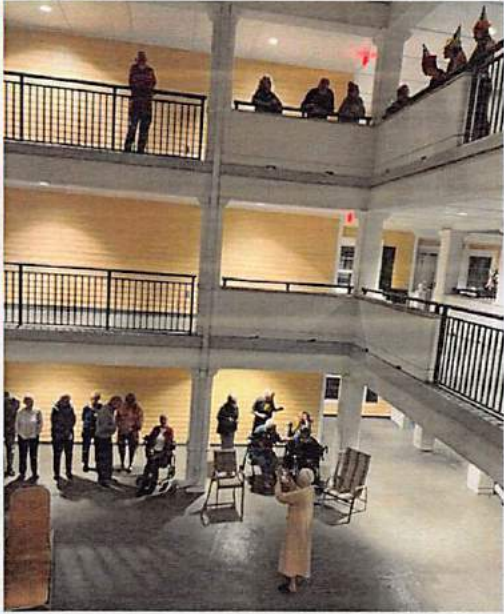
Pasta and Salad Stations  
-Michael Levy, photos



- Bill Castine, photos (unless otherwise noted)

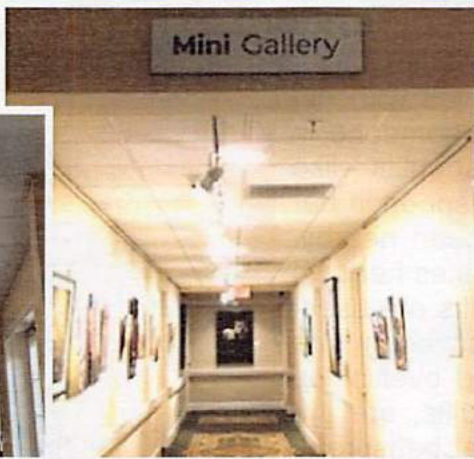


## The Traditional Oak Hammock Ball Drop, 2022 Edition



A crowd gathers in the atrium of Building One in anticipation of the big event. Bob Taylor arrives with the ball. At the crack of midnight, the ball is dropped, signifying another trip around the sun. Welcome 2023!  
 - *Margarete Ruth*

### New Track Lighting for the Art Galleries



- *Janice Malkoff*

### Quarter Meter

When I was a kid here in Gainesville, my father worked for the family-owned Gainesville Gas Company. Among his responsibilities was emptying the "quarter meters." These allowed customers to pay in advance for gas for their appliances without having a company account. He got quite a collection of vintage coins and sometime slugs. We didn't have one at our house, but many did.

This isn't meant to be one that was in use in those days, just an example of what they looked like. A quarter was inserted and the dial rotated to turn on the gas. After a certain amount of gas was used, the gas was shut off waiting for the next quarter.

- *Walter Wynn, Jr.*



## Irving Berlin in the Oak Room!

Phil Morrison and Charles Sidman—Oak Hammock’s music historians—featured the music and genius of Irving Berlin, bringing the era of Tin Pan Alley music to the Oak Room. Irving Berlin, born in Russia, is a real-deal American song writer. Broadway shows and movies were filled with his talented writings. In 1942, Bing Crosby recorded Berlin’s “White Christmas”, selling 15 million copies. Berlin was asked to present the winning song at the Oscar show. Irving Berlin remains the only person to present an Oscar to himself. The Oak Room evening concluded with Kate Smith’s presentation of “God Bless America”—everyone joined in the final chorus. Judging by the applause for their outstanding presentation, we wonder what era of music Phil and Charles will be working on next?

- Barbara Dockery, content;  
Bill Castine, photos



## Quilts Need Tender Loving Care

Quilts are a lot like people. They both require special care, especially as they “mature”. Age and family history help too. There are quilting websites with explicit dos and don’ts to follow. Or consult someone in Oak Hammock, who lives and breathes quilts—like Sally Glaze. She wasn’t born with a silver spoon in her mouth, but a quilting needle must have been nearby. Sally knows the history of quilting. She creates her own categories for quilts, according to how quilts are used. “Sleep under” quilts are smaller—just covering one person in width and length—and are used over a top sheet for warmth. “Top” quilts, or bed quilts, are the showstoppers. They’re more like a special bedspread and are removed before sleepers invade.

Machine stitched quilts have changed the use and care of quilts. And washing machines have too. Concerns for colors fading, tearing, and changing the shape of quilts remain the same. Sally recalls soaking quilts in a clean bathtub of cool water, with a tiny amount of mild detergent. Draining and rinsing. *Repeatedly*. Eventually, drying a quilt outside on the grass—in the shade, design side down. What a labor of love.

Today’s recommendations use common sense, easing up the process: use a soft garment brush or lint roller to remove stubborn pet fur or surface accumulations. A vacuum, even at lowest setting, may damage delicate quilts. Storage of quilts presents additional challenges. Dust and humidity add to the destructive aging of quilts. Special acid free boxes (which fit nicely under most beds) and acid free paper are popular offerings to control these concerns.

And in the meantime? Sally admonishes, “Enjoy and use the quilts that are near and dear to your heart. Remember all those stitches of love that were made to be special for you!” Sleep well. Sweet dreams. And don’t let the bedbugs bite.

- Barbara Dockery



Entirely handstitched by my other in the 1940s.

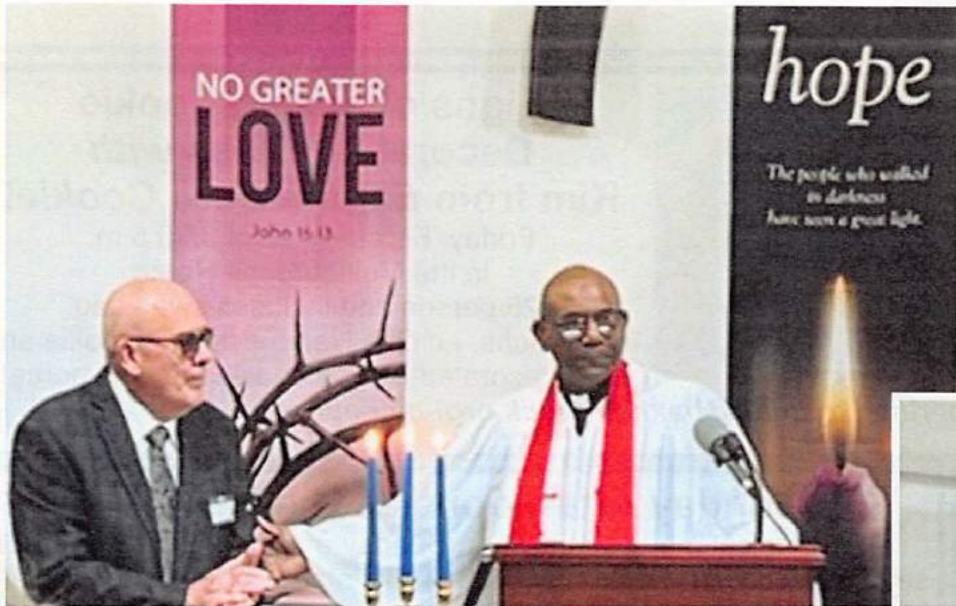
### Full Gospel Christian Church with Pastor, Dr. Kenneth Curry

Transportation manager Kenneth Curry wears many hats while at Oak Hammock, but perhaps the most important hat he wears is when he's not here: he is the pastor of Full Gospel Christian Church in Archer. After a long building process, their church building was ready for services and a group of Oak Hammock "family" members couldn't wait to attend. A fantastic day, a wonderful service, AND lunch. All-in-all a truly magical day. Congratulations, Dr. Curry!

- Margarete Ruth



Left, Pastor Kenneth preaching;  
Above, Ken's wife, Cynthia;  
Below, Daughter Veronica sings  
while Cynthia plays.

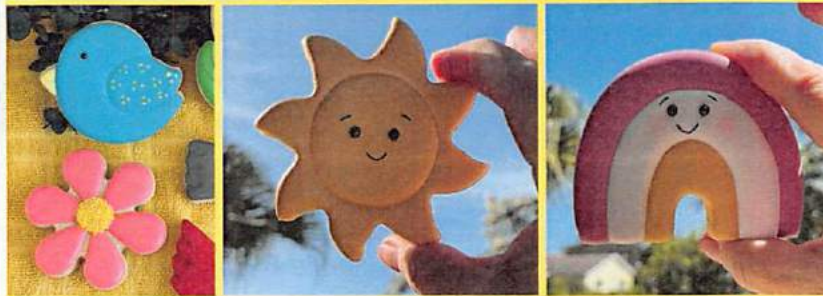




A Resident Led Association to Ensure  
Quality of Life in Retirement Communities  
Lamar Miller Chapter 255

The statutes that Leading Age Florida and FLICRA are working on together are listed in the current FLICRA publication, *The Resident Connection*, that was given to all residents in December. It's worth looking at. It deals with a number of financial items that they think will ensure the future stability of CCRCs in Florida. It also talks about the definition of Residents' Council and their role. Important for all of us. Copies of the FLICRA article are in the lower Commons.

- Mary Sanford



Sign up with Katherine ([kosman@oakhammock.org](mailto:kosman@oakhammock.org)) by February 12.

### Signs of Spring Cookie Decorating Class with Kim from *Eat the Darn Cookie!*

Friday, February 17 at 2:00 p.m.  
in the Multipurpose Room

\$25/person and includes swag bag, instructions, an Oak Hammock logo cookie and four decorated-by-you cookies to take home!



### "Cardinals and Berries" Paint and Sip with Rachel from Pinspiration

Monday, February 27  
2:00 p.m.

The Multipurpose Room  
\$30 per person and includes all supplies and instruction, plus a libation or two to sip.

Join us for something different!

Sign up with Katherine Osman at [kosman@oakhammock.org](mailto:kosman@oakhammock.org).

### Sunday Afternoons at The Movies!

The musical movies shown on Sunday afternoons during football season last year were a big hit. If the stars—both cinematic and heavenly—align properly, the Oak Room lights will darken at 2 p.m. on February 6 for the first in a series of fascinating films.

The newly released documentary "If These Walls Could Sing" features the music produced in London's Abbey Road Studios. It highlights a vast extent of music composition produced in that famous studio. Mary McCartney, daughter of Paul McCartney, was the producer of the documentary.

But first things first! The era of female conductors will be introduced in the documentary "Tar". The role of Marin Alsop, an early female conductor, stars Cate Blanchett as a fictional conductor. It will be the January 28<sup>th</sup> Saturday night film.

Margo Petway, Tamar Hajian, and Don McGlothlin—the dynamic trio of music—will continue efforts to bring entertaining and enlightening Sunday Afternoons at the Movies! Consult [infoh.us](http://infoh.us), elevator announcements, and posted notices for future dates and film information. Keep your calendar handy. See you in the Oak Room, Sunday, February 6, at 2 p.m. No reservations or tickets needed!



- Barbara Dockery

## Dance Alive National Ballet Horse of a Different Color

You're invited to a special pre-show reception for Oak Hammock attendees!

**February 18 at 7:00 p.m.  
at the Phillips Center**

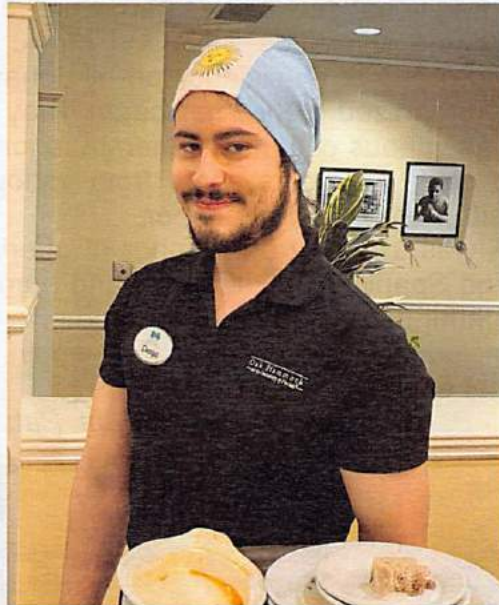
Sign up on the sheet at the concierge desk if you would like to attend. Tickets for the show are available from Dance Alive or from the Phillips Center Box Office.



(Transportation departure time TBA)



Above: Christmas Day was a little bit chilly as evidenced in the Duckworth Garden (Bonnie Umphreys)

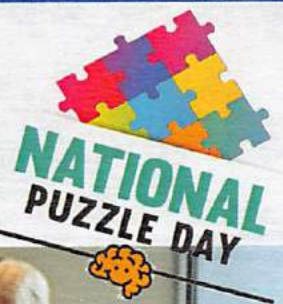


Left: Server Diego Rodriguez celebrates his Argentinian roots and Argentina's World Cup Soccer Victory (Frank Townsend)

## A National Puzzle Day?

Get real! It's celebrated on January 29, declared National Puzzle Day in 2002. A fellow named John Spilsbury created the first jigsaw puzzle, a wooden map puzzle, in 1767. Arthur Wayne used his journalist smarts in 1913 to publish crossword puzzles. All bets were off—what would come next? Sudoku grids, Rubik's cubes, word searches. They all join hands providing exercise to brains! They promote memory, cognitive function, and problem-solving skills. Jodi Jill, a schoolteacher, used quizzes and puzzles for classroom instruction. A historic note: the popularity of inexpensive cardboard puzzles increased during the Great Depression, providing a wholesome family activity.

Strolling around Oak Hammock, at almost any time of the day or night, will reveal pockets of puzzles and puzzlers of every type. They're magnets for sharing a common challenge, for telling ole war stories, or just knowing that someone else cares about you being in the same little corner of the world. Maybe enjoy a Diet Coke together. Sip a cold beer. All the pieces fit together. Life is good. - Barbara Dockery



## What's in a Name?

The name used to clock-in at work—David Wallace—probably doesn't create face recognition with folks at Oak Hammock. How about Wally? Or Wally the Plumber? If all the pipes and garbage disposals are behaving, it's *Pup-peroni Wally!* He rolls by the dog park about 3:30 every afternoon. Excited dogs bark to welcome the Oak Hammock Cart M9 approaching. "I wanted K9 for my cart but dining already had that. I just love those animals. They bring joy to the end of my day." Maybe his full name is David Heart Wallace.

- Barbara Dockery



## Klezmer Concert

Klezmer is the traditional music of eastern European Jews. In recent years it has come to include Big Band music as well. About twenty years ago, a group of musicians, led by Johanna Weiss, the saxophone player, organized a Klezmer band. They have been rehearsing together as various community members join, and try to do a concert once a week. Members come from various parts of the community and Keith Berg is their drummer.

Oak Hammock was treated to a number of offerings in English, Yiddish, Ladino, and Spanish. Several Big Band numbers were also included in a delightful concert in the Oak Room. A few Chanukah songs were also included. They indicated they would like to return in the near future. That would be a Klezmer treat.

- Barbara Herbstman, content; Patsy Nelms, photo



## Marais String Quartet Charms Music Lovers

Four of Gainesville's finest teenage musicians performed classical music in the Oak Room. The program included music by Samuel Barben—known for writing trends of music modernism—and difficult to perform. A selection of Christmas carols concluded the program. The delightful young ladies are dual enrolled at Santa Fe College. Applause indicated "Please return soon."

- Barbara Dockery, content;  
Sandy Furches, photo

## Frederick Moyer

Wow! Frederick Moyer performed in an Oak Room full of both Independent and Health Pavilion residents on Friday, January 13. His performances are always spectacular, especially when he is accompanied by an invisible orchestra, controlled by a program of his own design. His fingers fly over the keys! His spontaneity and creativity are amazing. He played Beethoven, Bach, Rachmaninoff, and Oscar Peterson to an enthusiastic audience.

Frederick has been to Oak Hammock many times, and recognizes many of the residents as they return to hear the newest concert. For more information about this accomplished musician, log onto his website: [www.frederickmoyer.com](http://www.frederickmoyer.com).

And...don't miss his next live presentation when he returns to Oak Hammock.

- Bev Cone, content; Bill Castine, photo



### Oak Hammock by the Numbers, January 1 Independent Living

	Total	Occupied or Reserved	Available to Sell
Houses	57	57	0
Apartments	212	209	3

- Nickie Doria

### Health Pavilion

	Total	Occupied	Available
Assisted	46	40	6
Memory	12	10	2
Skilled*	73	63	10

\* fluctuates daily

- Mary Sabatella

### Contributions to the Employee Scholarship Fund

In 2022, \$8,725.00 was donated to the Oak Hammock Employee Scholarship Fund in memory of Larry Coplin, Ed Wilkinson, Marion Broadaway, Evelyn Hemp, Virginia Riebel, Warren Nelms, Arthur Kluge, Susan Wiltshire, Sally Foote, Jack Martin, Margaret Boonstra, Bud Ames, Amy O'Neal, Lois McGrady, John and Katherine Lowe, James Greene, Richard Robinson, Robert Gentry, and Phyllis Amdur.

An additional \$3,260 was donated in honor of Pat Liston, Bill Castine, Quentin Silic, Kelly George, and Magda Berken.

These funds will be used to continue to support Oak Hammock student employees who are furthering their education.

- Lori Fishel

### Benevolent Fund, January 1



Since we last reported on the contributions to the Benevolent Fund, a total of \$91,400.00 was received in memory of Mary Polk, Robert Gentry, Janie Kalaf, and Daniel Siegel, and in honor of Pat Liston.

- Jonathon Mann

### Mobility Device Caution

Please watch for pedestrians and use slow speeds when on your mobility device.



### It's In the Cards

Not sure how to submit a maintenance request? A new rack just outside the Maintenance Office (first floor) holds the answer! In addition to a card with *printed instructions*, there are cards for Anthony Lopiccolo, Director of Plant Operations; Mike Dudley, Maintenance Manager; Jonathan Ramsey, Assistant Maintenance Manager; Rebecca Snowden, Housekeeping & Laundry Manager; and Tyesheara Fuller, Assistant Housekeeping & Laundry Manager. *Information on the cards include the individual's telephone and fax numbers.* These little cards can help keep smiles on everyone's face.

- Barbara Dockery



### Oak Hammock Singers



A

New Year! A New Reason—to SING! The Oak Hammock Singers invite YOU to join their fun of learning new music for their *annual spring concert*. The first rehearsal is Monday, January 23, in the Oak Room at 3:30 p.m. (followed by weekly Monday rehearsals). No auditions. Dress is comfortable-casual.

- Barbara Dockery

### Library Display Window: Haiku

Ann Elnicki's latest inspiration was to design a winter scene filled with Japanese Haiku that our residents had composed. Haiku is a strict form of Japanese poetry that must adhere to the following guidelines: each poem must have 3 lines, line one having 5 syllables, line two consisting of 7 syllables, and line three ending in 5 syllables. Nature and/or emotions are frequently represented, and there are no requirements for rhyme schemes and sentence structure.

The E-team sent out the request for our residents to try their hand at haiku, and as you can see from the window, many poetic sensitivities were touched, and our responses were numerous. As always, the library window team of Jan Havre, Beth Paul, and Julie Ann Ariet helped Ann assemble her display.

- Beth Paul



**Editor:** Patsy Nelms; **Assistant Editor:** Janet Axe;  
**Proofreader:** Bill Castine

**Oak Leaf Committee**

Janet Bostrom, Bill Castine, Cynthia Clements, Bev Cone,  
 Barbara Dockery, Sybil Farwell, Jan Havre, Barbara Herbstman,  
 Beth Paul, Jack Polk, Bonnie Umphreys

**Additional Contributors (This Issue)**

Julie Ann Ariet, Tallulah Brown, Nicki Doria, Lori Fishel, Heather Gilkey,  
 Valerie Griffith, Jonathon Mann, Martha Rader, Margarete Ruth,  
 Mary Sabatella, Mary Sanford, Marion Siegel, Frank Townsend,  
 Karen VanEtten, Hank Wake, Walter Wynn, Carole Zegel

**Photographers (This Issue)**

Tallulah Brown, Bill Castine, Barbara Dockery, Sandy Furches,  
 Michael Levy, Janice Malkoff, Patsy Nelms, Margarete Ruth,  
 Bonnie Umphreys, Frank Townsend, Hank Wake

**Additional Proofreader**

Martha Rader

**Graphics**

Katherine Osman, Layout



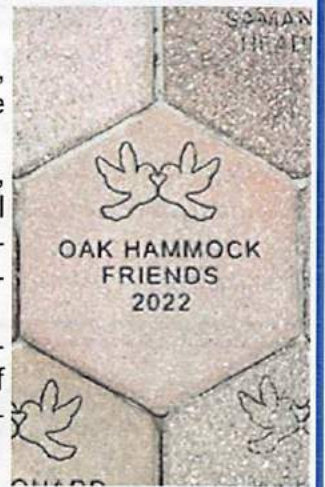
- Barbara Dockery

**Give Kids the World Village**

Rated Four Stars by Charity Navigator, Give Kids The World Village is an 89-acre, whimsical nonprofit resort in Kissimmee, Florida, that provides week-long, cost-free wish vacations to critically ill children and their families from around the world.

A stay at the Village is much more than a vacation. During one incredible week, wish families laugh, play, and create priceless memories together away from hospital visits and medical procedures. It's a magical week of "YES" where wish kids can experience the simple joys of childhood, and where families can recapture some of the precious moments that may have been missed due to illness.

Since 1986, Give Kids The World Village has welcomed more than 177,000 families from all 50 states and 76 countries. The Village is made possible by the support of generous donors and community partners, as well as thousands of passionate volunteers who donate their time and talent making wishes come true. - Heather Gilkey



**2023 Residents' Council**

**President:** Martha Rader    **Vice President:** Michael Plaut    **Secretary:** Doug Merrey  
**One Oak Hammock Coordinator:** Mary Kilgour    **Assisted Living Representative:** Roger Curtis

The Council meets at 10:00 a.m. on the second Friday of each month in the Oak Room and via Zoom.

Committee	Meeting Time	Chair
Active Lifestyle and Outreach	1 <sup>st</sup> Monday, 11:00am	Marilyn Crosby
Dining Experience	1 <sup>st</sup> Friday, 10:00am	Bruce Blackwell
Planning and Design	2 <sup>nd</sup> Wednesday, 3:15pm	Dick Suttor
Landscape and Grounds	2 <sup>nd</sup> Thursday, 10:00am	Jan Lowenthal
Health and Wellbeing	3 <sup>rd</sup> Tuesday, 3:30pm	Ellyn Ahlstrom
Buildings and Infrastructure	3 <sup>rd</sup> Wednesday, 1:30pm	Bob Brown
Finance and Stewardship	3 <sup>rd</sup> Thursday, 1:30pm	Pat Kelley
Technology Services and Innovation	3 <sup>rd</sup> Friday, 10:00am	Bill Zegel

Committees meet using a variety of formats and in various locations. Please contact the Committee chair for specific information.